



THE MESSENGER

The Official Publication of Missouri Association for Family & Community Education

PRESIDENT'S NOTES |

by Judy Strickland

My, how time flies! Seems like just yesterday I was elected MAFCE president during last year's MAFCE State Conference. Now nine months later, here I am scrambling to get my first newsletter publication and the 2023 Resource Book out for publication. First, let me say it is an honor, a privilege, and a big responsibility to serve as your state president. My mentors and role models for president, Edna Crain and Dana Harris, have served our state well during my time as treasurer on the state board. They have provided us with good models to follow.

It was so enjoyable to meet members all around the state at our spring district meetings. The welcome that Mary Klapproth and I received at each meeting was much appreciated. We started with our home district at the Southeast District meeting in Doniphan. It was gratifying to see 43 women in attendance that day. The program by University of Missouri Extension Nutrition & Health Specialist Kelley Brent, "Eating for Brain Health," was educational, and her enthusiasm for University of Missouri Extension services was infectious.

Then it was off to Carthage for Southwest District Meeting. That night Mary and I stayed at the renovated Boots Court Motel on historic Route 66, their motto "a radio in every room." Our meeting at El Charro restaurant in Carthage was jam-packed with the first-place essay contest winner Jase Letts, his family and his school principal, all in attendance. Several long-time members attended that day; their memories of FCE through the years were enlightening and entertaining.

On April 25th Mary and I headed to Montgomery City to meet with East Central District members. Landon Downs, second-place essay and artwork winner, and his parents came for lunch and to receive his state award. We were pleased to see Calla-

way County members at their first district meeting with East Central District. After lunch Vivian Cody led us in a painting exercise to paint our own version of a legacy tree.

Mary and I drove north to Shelbina for the Northeast District meeting on Wednesday. That group had a full day of activities planned. We presented a 40-year membership certificate to Marilyn Lincoln and a 65-year certificate to Rita Jacobs. Rita entertained us with memories of her time as MAFCE president.

Our last district meeting was with Northeast District. Connie Taylor had planned a full day of activities. We heard from a local county commissioner and later viewed a film about the underdiagnosis of females with autism. We had a good time reminiscing about club activities through the years.

We traveled 1400 miles in five days, met old and new friends, and shared a precious time of fellowship. Having served as your treasurer for the past five years, it was great to put faces with names from our membership records. I found many areas of common ground, but each area has its own unique personality. One trait I noticed time and again was the dedication of so many members to their local FCE clubs. The ladies in Carthage are trying to revive their club by changing their meeting time to the evening. The three districts that still sponsor the 4th grade essay and artwork contest work hard to get schools and children to participate. The Merry Makers keep busy making items to donate to local schools and nursing homes. Randolph County FCE holds its annual Craft and Gift Show to raise money for scholarships for local students. Cape County members meet to make weighted blankets for special needs individuals. All these efforts give back to the community

and demonstrate the principles of education and service which FCE upholds.

Support your local district by participating and sharing new ideas. We are here to help your club and district be successful in achieving its goals. Your directors work without compensation to see that things run smoothly in the district. I appreciate each of them, and I know you do too. All of us on the board appreciate your suggestions and new ideas.

I hope you are excited and planning to attend our annual state conference in Columbia in September. There are several scholarships available, especially for first-time attendees. (See pp. 10-12). We always receive positive feedback about the conference. Hope to see you there!

SPECIAL POINTS OF INTEREST

- Spring District Meeting Photos
- Conference News
- Scholarships
- Registration Form

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had a presentation on Alzheimer's. The **Heritage Girls** have a craft booth each Christmas at the Puxico Christmas Fair. They donate money to the Puxico Library and to families at Christmas time. They attended the Butler County FCE Christmas Party and spring district meeting. Their monthly meetings have been on Homesteading. They have learned to make vanilla, process sauerkraut, construct raised vegetable beds, and garden.

RIPLEY COUNTY Judy Tracy, President of Ripley County FCE, reported that Ripley County has one active club. The Flatwoods club continues to support the Heifer International program. They donated 2 goats, 3 flocks of chickens and a beehive to people in poverty-stricken areas. The club also taste-tested 15 recipes for Today's Farmer magazine. They donated stuffed animals to the Doniphan police force for children who are in accidents or in abusive situations and donated hats and gloves which are distributed by the police department to those in need. They gave cards and magazines to nursing homes and made Christmas boxes for the Samaritans' Purse organization. They participated in a welcome to Doniphan event at the Community Center, and they hosted the Spring MAFCE meeting.

BUTLER COUNTY Phyllis Flanigan serves as President and District Director for 2023. The three clubs, **Star**, **Fun**, and **Heritage Girls** all work together on county FCE projects. The county raised funds to send 7 members to the state meeting in September 2022. The clubs volunteered at the Butler County Fair Exhibits and More three-day event where they held a silent auction to pay for the premiums and ribbons. They also took entries, assisted judges, and recorded winners. Their project made the front page of the Daily American Republic newspaper twice. They will support this county event again this fall.

The clubs hosted the 2022 district fall meeting at the Chamber of Commerce with nearly all members present. The **Star** club received one of two grants from the Missouri Foundation. The project, Fidget Quilts, was worked on by all the clubs. They currently have 25 fidget quilts to deliver to the Veterans Hospital. Star members are meeting monthly. Programs taught include health and wellness and painted pots.

The **FUN** club has two new members. They donated personal care items for the needy. Eight members attended the spring district meeting in Doniphan and all donated items for the silent auction. They recently

CAPE COUNTY Cape Girardeau County has five active FCE clubs and all five clubs support several county projects. All five clubs were represented at Cape County All Clubs Day in March, and four clubs had members attend the Southeast District Spring Meeting in Doniphan in April. Once again Cape Girardeau County issued a proclamation in support of National Day of the Family on May 15. The county group meets 2-3 times per year to construct weighted blankets for local autism groups. Proceeds from silent auctions at county meetings are donated to local charitable organizations including the Mississippi Valley Therapeutic Horse program, Safe House for Women, and Southeast Missouri Food Bank.

Cheerful Country Doers meet to sew on autism blankets. They assisted Lamplighters in hosting All Clubs Day in April.

Kage FCE ladies donate to several local organizations including Alzheimer's Walk, Community Lunch Box Outreach Programs for the homeless, Christmas for the Elderly, Cape Girardeau Senior Center, and FISH Food Pantry. Their club also collected items for an elementary classroom for classroom and recess activities, items for an in-house store for the memory care unit at the Villas Residential Center, and donated



hats and gloves to Cape Girardeau Health Department. Their club donated a Missouri state flag to the Cape Girardeau Senior Center in memory of member Inez Statler and presented a plaque of appreciation to a 4-H volunteer.

Oak Ridge FCE Club supports the Missouri Veterans Home in Cape Girardeau by providing prizes for bingo and club members also volunteer each month to help local vets play bingo. In December the club gave out 1300+ Christmas cards and bookmarks to nursing homes in the Cape/Jackson area. The club's annual Christmas Giveaway provides toys, underwear, sock caps, gloves and books to 300 children. Monetary donations also went to a special needs class at a local school and recently to the community of Glenallen, Mo. following a tornado that destroyed much of the community.

Town and Country FCE furnished treat sacks for Halloween, Christmas and Easter and hosted a Valentine's Day Party for students at Cottonwood Residential Treatment Center in Cape Girardeau. The group celebrated National FCE Week by planting a mum at the University of Missouri Extension Center in Jackson, attending church together and then going out to lunch. The club donated to the Salvation Army for Thanksgiving and Christmas, gave toys to the Jackson Police Department toy drive, and participated in the annual Christmas display in Jackson City Park. They donated bingo prizes to the Lutheran Home and gave a St. Patrick's Day Party for Parkview State School. They collected books for newborns and children for Southeast Hospital in honor of National Day of the Family. Their international study of Chile sampled authentic Chilean foods prepared by members and watched a video about the

country. Five members also attended All Clubs Day. Members especially enjoyed their outing to Grand Rivers, Kentucky, for a Christmas program and the Christmas decorations.

Lamplighters FCE Club enlarged their knowledge by participating in these activities and lessons: learned about the role war correspondents have played in our nation's history by visiting the Stars and Stripes Museum in Bloomfield, were reminded of the importance of Finding, Recruiting, and Retaining Members and How to Grow a Great Group. Spring lessons included Types and Benefits of Gardening and the role of pollinators in our world along with a plant exchange to put us in a gardening mood. Members who attended the District Meeting in Doniphan learned the role that food plays in brain health and were challenged by the question "What kind of legacy are you leaving?" Service projects for members included delivering 243 signed Christmas Cards to the Veterans Home, Jackson Manor, and The Villas, assembling and delivering 66 individually ribboned roses to Jackson Manor for Valentine's Day, reading to K-5th grade classes at Oak Ridge R-6, collecting books for Birthright, House of Hope, Safe House and County Health Department in honor of National Day of the Family, May 15th, and working on wheelchair and walker bags for the Veterans Home for July 4th. In May Club members and spouses traveled to Branson to see Queen Esther and other popular shows.



Jane Hamilton-Smith is the only FCE member left in **Webster County** since the death of long-time member, Dorene Yearian, who served for several years as Southwest District Director and is truly missed.

Jasper County members, Barbara Hunter, Gail Kreutzer, and Dorothy Shull played important roles in Southwest District's Spring District meeting in Carthage. They arranged for the room at El Charro's Restaurant and the afternoon speaker, handled table decorations and registration, and even waited tables. This club is making plans to resume meeting as an evening club to attract new members. In addition, Barb is recuperating from two back surgeries and learning her duties as new state FCE treasurer.

Newton County's Merry Makers began the year with 14 members after having lost Jane Taylor and Nancy Stipp to death last year. In December, we hosted our annual Christmas spouse/guest party during the afternoon. We had a bountiful and delicious buffet, emphasizing healthy foods since several members are diabetic. Games were played; gifts were exchanged, and two large boxes of nonperishable foods

were collected and delivered to the Crowder College, Neosho, dorms food pantry for students who can't go home for the Christmas break. At our yearly planning meeting in January, we made plans for judging the 4th grade essay contest. Only 12 essays were received this year. A large box of discontinued upholstery samples from Hardwood Creations by Doris were donated to the group to be used in various projects. Volunteer hours sheets were also collected. Our February meeting fell on Valentine's Day and we celebrated LOVE. Roll call was to tell about our first date with our spouse and other courting/dating experiences. Games, sweet treats, and Valentine cards with a Valentine's box made by our oldest member, 97-year-old Erlene, finished our afternoon. Our March meeting was a work day held at the Newtonia Community Center where we began a card-making project for Granby Nursing Home. Using old cards, art supplies, and a Cri-cut machine, we made cards for the residents to select from to send to their loved ones and friends. Our roll call and short program consisted of "When and why did you join FCE?" and old pictures and scrapbooks of our 60-plus year-old club were shared. One

member is an original member of the club, and her mother was one of the organizers. We also began planning for the spring district meeting in April.

April's program was about birth order using the Hearth Fire/FCL lesson, "Leadership Traits by Birth Order." Our club tested 35 honey recipes, which were used as refreshments at our May meeting. Our program was about Missouri state parks. Jim Sheehy updated us on the Newtonia Battlefield Association and efforts to make that a part of the national park service. We made plans for our table at the Newton County Fair in July. We sell items to make money for our club treasury and also to get recognition for FCE. In June we plan to visit the Springfield Botanical Gardens.

Spring district meeting in Carthage on April 19 had 19 attending including the state 4th grade essay/artwork winner, Jase Letts from Triway/Stella School, his parents, a grandmother, and his principal. He was awarded his first-place district and state prizes by Jo McLemore and Judy Strickland, after which he read his essay. Judy Strickland's speech on Legacy and Mary Klaproth's updates were well received. Our afternoon speaker was Debbie Herbst, a dietician at Mercy Hospital, Carthage. She spoke about healthy living, especially eating. Merry Makers led by Jo McLemore, presented a skit "For the Garden of Your Daily Living," using a "play" on vegetables and their names. Our motto on meetings such as district ones is "Give everyone a job and they will come."



EAST CENTRAL DISTRICT REPORT | by Vivian Cody, Director

Howdy. East Central Spring District Meeting has come and gone. Summer activities are in full swing. The district has been busy with family, church and FCE, and also all the traveling and illnesses among the membership.

Spring District meeting was hosted by Montgomery County ladies, a beautiful day with lots of sunshine and socializing. East Central District welcomed Callaway County to the District. President Judy Strickland and Vice-President Mary Klapproth visited. President Strickland presented the motivational program "LEAVE A LASTING LEGACY." Vice President Klapproth presented information for the annual conference. East Central District essay/artwork winner, Lincoln Downs, and his parents were present. Lincoln also was presented with his award as the MAFCE second-place winner in the state essay/artwork competition. The group enjoyed a lovely meal. A painting activity was the afternoon entertainment.

Montgomery County activities include touring Amish country, and programs on pollinators, the Orphan Train, and craft making. The group continues to donate to the Dolly Parton reading program. The ladies enjoy prepar-

ing food and cookies for the Extension Staff, Fire Department and Ambulance District. The ladies enjoyed judging the Lincoln County essay/artwork entrants.

Fulton FCE women keep busy with several projects. Donations for City of Refuge, the milk jug project, tabs for Ronald McDonald House, coupons for the military, the spay/neuter project, and many more projects keep them busy. Programs presented include SERVE, Chile and pollinators. Work is being done on the reports to send to State MAFCE. Their Annual Friendship Gathering will have a program on beekeeping and butterflies.

St. Charles County is keeping busy. This year the group assisted with judging the Lincoln County essay/artwork project.

Lincoln County reports the membership has been getting together. In March we awarded our essay/artwork contest winners.

Recently the District tested popcorn recipes for Today's Farmer magazine. Amazing how many ways popcorn is eaten.



Northeast District did Recipe Testing of zucchini recipes for MFA Magazine in April. Good participation was had by all three counties (Clark, Knox, Randolph). Thank You Ladies, we look forward to receiving the MFA Magazine with their layout of winners. The Northeast District Meeting was held Wednesday, April 26th at Bethel Fest Hall. Knox County FCE was the hostess. An inspiring speech was given by our MAFCE President, Judy Strickland on making a difference by Leaving a Lasting Legacy for those that follow.

Awards for years of service were presented by President Judy to Knox County FCE for 40 years of Continuous Service, to Marilyn Lincoln for 40 years of Continuous Service and to Rita Jacobs for 65 years of Continuous Membership in MAFCE. Rita was MAFCE President 1995-96. She transferred her membership to Knox County when her chapter in Livingston County closed. Rita also served on the NAFCE Board 1997-1999 as Central Region Public Policy Coordinator.

Clark County FCE The Show Me FCE Club met in December at the home of Dixie Blum for the annual Christmas party. Since January and February are notoriously bad weather months, Show Me Club does not meet. The March meeting is our planning meeting when we plan the coming year, set Club goals and activities that we hope to accomplish by the end of the year. Each member brought finger foods or a snack item to share with others for our first meeting of the year.

Our April meeting attendance was smaller because of illness and date change. Barbara Clark presented a devotional and a program on "The Importance of Self Care." Included were tips & ideas on how to focus on small positive

things in any situation that we may encounter in life.

Ozelma Shoup was the May hostess. Betty Anderson presented an informative, interesting and entertaining program on the "Role of Pollinators in Missouri." Betty presented each member with a handout on pollinators and their role in the ecosystem in Missouri. Show Me FCE Club is looking forward to the upcoming Summer and Fall seasons and working toward completing our Club goals.

In December **Knox County FCE** sponsored a Christmas Snack Day with the Novelty Senior Citizens Coffee Group. Participants brought snacks for sharing and enjoyed the fellowship with our members, friends, and neighbors. We each signed 40 Christmas Cards provided by Secretary Carolyn Morgret for distribution to residents of the Knox County Nursing Home to help brighten their Christmas Holiday and let them know we are thinking of them. January was a busy month with County Judging of the 4th Grade Essay & Artwork Contest on the subject of "Caring." Landon Witherow was the 1st Place Knox County Winner and he won 2nd Place at Northeast District judging. Landon received his 2nd Place District Award from Northeast District Director Diana Cheatum at the School's Closing Day Awards Ceremony.

Randolph County FCE had two members to attend the Northeast Spring District meeting in Bethel in April. Reports were sent to state for Action, Leadership and Education with Randolph County winning second in Leadership about the County 4-H Jr. Leaders assisting at the annual Craft & Gift

Show. They helped children 12 and younger make gifts. We won second place for Education for assisting with the annual Government Day for all junior students of each high school. Our Action report on our annual Craft & Gift Show won third place. Betty Mayo met with the Moberly Tourism group to apply for a grant to help with the advertisements for the craft show.

The county FCE received 36 4th grade essay/artwork entries from three schools. Betty went to each of the schools to present the top award winners, and each participant received their essay/artwork back plus a small gift and letter. Randolph County essay winner, Easley Drew, from Westran Elementary School also won third place at state. In addition, four \$500 scholarships were awarded to students of the New Traditions program at the Moberly Area Community College for the spring semester. Betty attended the awards assembly at the four high schools in the county to award a \$500 scholarship to one senior in each of the schools. Some of the club programs were on legacy, vegetables and their facts and fancies; recipes handed down from generation to generation; recycling; ideas for preventing food waste; meth and its effects on younger children; healthy sleep, and our favorite vegetable, the carrot.

We are working on vendors for our annual Craft & Gift Show on November 10 and 11, 2023, at the Moberly Area Community College's Activity Center. The 2022 Craft & Gift Show had 68 vendors, down from 100 vendors in 2019.



Prairie Ridge/Flat Creek FCE has joined Northwest District this year after the state organization voted to disband Central District because of declining numbers. These ladies keep busy with their monthly meetings and projects. Their monthly donations support Relay for Life, Windsor Garden Community, American Heart Association, and the local animal shelter. This year they made and delivered valentines to Golden Oaks Living Center in Marshall, where two long-time members of the club now reside, and to Windsor Garden Nursing Home. Prairie Ridge welcomed a new member, Nancy Heidrich, to their club. Nancy is a master gardener who adds much to their club. Two members were able to attend the Northwest Spring District Meeting held in Henrietta. Their club helped with decorations and door prizes. Members reported that two very informative programs were provided.



VICE PRESIDENT'S REPORT | by Mary Klaproth

Hello again to all FCE members. Judy Strickland and I traveled over 1400 miles to the five district meetings. Southeast District, our largest district, had 42 members at their meeting. The other meetings were fewer in number, but we enjoyed good fellowship and programs at each one. I enjoyed traveling to the five districts this spring. It was good to see familiar faces and some new faces at the meetings.

Thank you to those FCE members who prepared state reports for their county or club. I always enjoy reading about the good projects the various counties are involved in. The winners of the state reports have been notified and will receive their awards at the MAFCE Conference in September. Be sure to thank the women that prepared the reports for your county or club.

The Board has worked hard to plan an interesting, worthwhile MAFCE Conference for FCE members. The good news is the registration fee has been lowered to **\$75.00** for the conference. The conference is planned for Wednesday, September 20th, and Thursday, September 21st, at the Drury Plaza Hotel East, in Columbia, Missouri. You can take exit 131 or exit 128 off I-70 to reach the Drury. The room rate will be **\$126.00** plus **\$6.20** for the occupancy tax, for a total **\$132.20**. (Holiday Inn East, where we have met for the last two years, has raised their rates also.) Drury Hotel has several amenities included in that rate. Complimentary food is served each evening from 5:30-7:00 PM. Tuesday's food includes BBQ beef sliders, baked potatoes, salad, soup, nachos and cheese, and another vegetable. No dessert, but there is a soda fountain, coffee, and popcorn. A complimentary full breakfast bar is also provided. Our conference rooms for workshops and meals are together on the main floor with bathrooms nearby. The registration form and hotel information are included in this issue of The Messenger. The deadline for reserving your room at this rate is August 21st. (Ask for Room Block #10040080.) You can reserve the room and then if something comes up, you can cancel up to 24 hours before the meeting.

The Early Bird Workshop on Tuesday evening, September 19th, will be a Show & Tell of project items that your club works on. Each district/club is asked to bring two items to share with the group. Conference workshops include Education: Food Waste; Leadership: Know When to Say No; Action: Equipping Teens to Deal with Life Crises; and International: Malaysia. The Wednesday evening program includes entertainment. A silent auction and 50/50 drawing will be held.

There are a number of scholarships available; some cover both conference and hotel expenses. Check to see if your district has scholarships. This issue of The Messenger contains three different scholarship applications. First-time attendees are given preference, but we want to use those scholarships, so even if you've gone before, you may qualify for one of the scholarships.

The National FCE Conference will be held in Erlanger, Kentucky, on August 3-6. Erlanger is close to the National office in Florence, Kentucky, and across the Ohio River from Cincinnati.

Have a good summer, and I hope to see you at the MAFCE Conference in September.

TREASURER'S REPORT | by Barbara Hunter, Treasurer & Judy Strickland, Former Treasurer

Our account balances are as follows: checking account \$1675.66; savings account \$27,318.76. In May 2022 we re-invested \$55,000.00 in a 17-month CD @ 0.15% which matures 10/3/2023; its current value is \$55,089.58. In 2022 the Missouri Foundation for Community Education (MFFCE) disbanded and transferred their money to the state organization (MAFCE). In March 2023 we invested an additional \$40,000.00 in a 19-month CD @ 4% which matures 10/7/2024; its current value is \$40,397.15. Total funds amount to \$124,481.15.

At our spring board meeting our board approved a change to the Constitution and By-Laws that states that MAFCE will seek an Accountant's Compilation Report when a new treasurer is elected instead of the old language which specified that an audit should be completed when a new treasurer takes office. (The reason for this change is because of the high cost of an audit, approximately \$5,000.00.) The board authorized the outgoing treasurer, Judy Strickland, to engage Jerry Huskey CPA, LLC to conduct that compilation report. That report was completed and returned to Judy Strickland on May 15, 2023.

Currently, we have 182 members registered for 2023.



THE LEGACY WE LEAVE
MAFCE 2023 ANNUAL
CONFERENCE REGISTRATION
SEPTEMBER 19 (Early Bird Workshop), 20-21, 2023
Drury Hotels, 3100 Interstate 70 Drive Southeast,
Columbia, MO 65201 (573-441-0090) drury@druryhotels.com

Name _____ Date _____

Address _____

City _____ State _____ Zip Code _____ Phone# _____

County _____ District _____ Number of Years FCE Member _____

Person to contact in an emergency _____

Relationship _____ Phone # _____ Phone # _____

CONFERENCE REGISTRATION

1. Full Conference (Includes Wednesday lunch & banquet, & Thursday lunch)

Postmarked by August 31, 2023 \$75.00 _____

Registering after August 31, 2023 \$90.00 _____

2. One Day Conference (with lunch only) \$50.00 _____

(Select Day) Wednesday _____ Thursday _____

3. Banquet Only Wednesday evening \$35.00 _____

Make check payable to MAFCE, INC. Check # _____ Total Enclosed _____

NO REFUNDS AFTER SEPTEMBER 7, 2023

Food allergies _____

Scholarship recipients indicate provider of scholarship. Alumni _____ State _____

District _____ County _____ Other _____

Scholarship & conference fees **DO NOT** include hotel registration. Hotel information on another page.

MAIL TO: Barbara Hunter, 20378 Nutmeg Rd., Jasper, MO 64755-9215

If you have any questions, contact Judy Strickland, 573-979-5436
Email: nanacows67@yahoo.com

Check all that apply to you:

First time attendee _____ Past State President _____ Past Board Member _____

County President _____ Local Club President _____ Attend Early Bird Workshop _____

2023 MISSOURI FCE ALUMNI CONFERENCE SCHOLARSHIP

First Timers' Scholarship to State FCE Conference. Registration cost (only) provided by the State FCE Alumni to first-time attendees. Must be a current member of FCE with all dues paid.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DISTRICT _____ COUNTY _____

PHONE _____ EMAIL _____

Age (optional) _____ Years of membership _____

ATTACHMENTS: (Please attach the following items on a SEPARATE sheet – TYPE or print)

1. List way/s you are currently serving in FCE (i.e. office held, committee, program, community service projects, etc.). If not holding an office, would you be willing to hold office or serve on a committee? If so, what are some of your skills?
2. Write a short summary of an FCE educational program that you were especially impressed with in the past 3 years and why. When and where did you attend the program? (100 words or less)
3. Explain how you will use information from the MAFCE conference.
4. List Other Community Involvement.
5. Separate Letter of Recommendation from a FCE Club or County officer or member that knows of your involvement in FCE.

Send application **postmarked no later than August 10, 2023** to:

Ruth Mellor
413 Fort Saratoga
St. Charles, MO 63303-1765
636-441-7664

Scholarship winners will be notified upon completion of judging. Scholarship winners are required to submit a report within 30 days following the MAFCE conference on their experience at conference. This report will be shared with the Missouri FCE Alumni members and possibly printed in The Messenger.

MAFCE CONFERENCE SCHOLARSHIP

This scholarship, sponsored by the Missouri Association for Family and Community Education, Inc. is open to any member who has not served as a County President or on the State Board and has never attended a state conference. First-timers preferred but also open to any other eligible member to attend.

The number of scholarships available will be (2) for REGISTRATION ONLY for the 2023 MAFCE Annual Conference. A committee from the State Board will make the selections.

APPLICATION FORM

This form **MUST** be postmarked by August 10, 2023. Include information on a separate sheet.

Name _____ Phone(____)_____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COUNTY _____ DISTRICT _____

1. List any leadership experience in FCE, i.e.: Office or Chairman held in local club or county, or any project in which you had a responsibility (give a brief description of your responsibilities).
2. List any other leadership. i.e.: 4-H, church, school, civic, etc.
3. List interests and hobbies.
4. Write a brief description of what you hope to gain from attending this conference.
5. What personal leadership skills do you hope to improve?
6. Are you willing to share information gained attending the conference with your local county organization, explain how?

SCHOLARSHIP WINNERS ARE REQUESTED TO WRITE A 100-WORD (MINIMUM) ESSAY ON THEIR EXPERIENCE AT CONFERENCE, WHICH IS DUE 15 DAYS AFTER CONFERENCE TO THE STATE PRESIDENT. THESE ESSAYS MAY BE USED IN FUTURE ISSUES OF THE MESSENGER.

MAIL APPLICATION **POSTMARKED BY: August 10, 2023**

TO:

Ruth Mellor, Scholarship Chairman
413 Fort Saratoga
St. Charles, MO 63303-1765
rmmmellor@aol.com

MARY MARTENS SCHOLARSHIP

MAFCE State Conference Scholarship Application

The former Ray County FCE of Northwest Missouri made funding for this scholarship possible. This first-time attendee scholarship **covers the cost of the conference registration and the fee of the recipient's portion in a shared hotel room to attend the MAFCE Annual State Conference.** Applicant must be a current member of FCE with all dues paid.

1. The Scholarship winner must submit a report about their experience attending the conference within 15 days following the event to the current MAFCE President.
2. The application is due **August 10, 2023**, to Scholarship Chairman, Ruth Mellor, 413 Fort Saratoga, St. Charles, MO 63303.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COUNTY _____ DISTRICT _____

On an additional paper, please submit a short essay addressing the following questions.

1. Share your story about why or how you became an FCE member.
2. Share why you are interested in attending the FCE State Annual Conference.
3. List how you are currently serving in your local FCE organization.
4. List your community activities.

*To receive payment for hotel fees while at the conference, the recipient should submit a receipt from their stay to the MAFCE President, Judy Strickland, with their report about their experience attending the conference.

4TH GRADE ESSAY/ARTWORK CONTEST

Congratulations to all the 4th grade participants across the state who took part in the 4th grade essay/artwork contest, writing and drawing about “Caring.”

Three districts sent in their district winners:

1st Place Jason Letts, Southwest District, \$100.00

2nd Place Lincoln Downs, East Central District, \$75.00

3rd Place Easley Drew, Northeast District, \$50.00

The 2024 contest topic will be CITIZENSHIP. Information for the contest will be in the 2024 Resource Book and should be distributed to schools (public, private, parochial, and home) between September and December 31.

Encourage your members to contact their local schools and 4th grade teachers. Essay writing is now part of the 4th grade curriculum. Our essay/artwork contest is an opportunity for our state’s 4th graders to practice essay writing and perhaps earn some money.

District winners should be sent to: Nola McMillen, 24911 Hwy. D, Stella, MO 64867-8119, 417-628-3817, jnmc1959@leru.net

2023 MAFCE FIRST PLACE ESSAY | by Jase Letts

Caring

The experience that stands out for me about caring was when my grandmother fell and broke her arm. It was during 2018 winter season. The weather was very cold it was snowing and the ground was icy as well. Schools were closed we got that information late. We left home and started the walk to the bus stop to catch the bus. My grandmother normally walks with us to the bus stop and that day, she was walking with us to the bus stop. Suddenly she fell down and broke her right arm. I assisted her immediately to get up and I supported her as she walked back home. She was in excruciating pain. I helped her stabilize the broken arm and applied ice on it to reduce swelling. My mother took her to the hospital. When they came back, I cared for my grandmother, helping take her clothes upstairs, supporting her walk up and down stairs, bringing her food and drinks, vacuuming and organizing her room, doing her laundry, and washing her dishes. As she continued to recover, I was always there for her.

WEBSITE: NAFCE <http://www.nafce.org> | **Facebook:** Missouri fce

Remember our mission:

*Strengthening individuals, families and communities through continuing education,
developing leadership*

RESOURCE BOOK 2024 UPDATES

At the 2022 MAFCE Conference, members approved the dissolution of Central District, with Pettis County going to the Northwest District and Callaway County going to East Central District. Therefore, there are now five (5) districts in Missouri.

So, to update the **Policy and Procedures** and the **By Laws** sections as found in the 2023 Resource Book, anywhere it says six (6) districts it will now read **five (5) districts**, as seen on the following pages: Districts---p. 150, State Board---p. 150, Executive Board---p. 151, Districts---p. 171, State board, Executive Board and Executive Committee---p. 174, State Council, Section1---p. 175, and Glossary of Terms---p. 178.

Central District will be removed from the following pages: Districts---p. 171 and Group 1---p. 178.

The terminology **Odd and Even** will be removed from Elections---p. 151, and Districts---p. 171.

On page 173, Duties of the Treasurer, last bulleted item, part b will read, **“A certified public accountant will do a financial report/complication at the conclusion, vacancy, or resignation of office of treasurer.”**

The **Standing Rules** will now read as follows: Financial Reimbursement to the State Board, section c---p.181 **“Thirty-five (35) cents per mile will be allowed for trips by car. (9-22)”**

ACWW Information--- p 182, ACWW will now be **Rural Women in Action**, plus in Section a. remove **international chairperson**.

Pennies for Friendship---p 183 will read **Coins for Friendship**.

Rotation charts on pages 178 and 183 will be changed to the following:

Elections in 2023 Term of Office 2024-2026

Group I

President

Vice President

Northwest Director

East Central Director

Elections in 2024 Term of Office 2025-2027

Group II

President-elect becomes President

Treasurer

Southeast Director

Elections in 2025 Term of Office 2026-2028

Group III

Secretary

Southwest Director

Northeast Director

VIRTUAL MEETINGS

Article VI Section 3: Meetings

b. In the event that a public emergency or a natural disaster makes the holding of an in-person MAFCE meeting unlawful or impossible, the organization may conduct its meetings by electronic or other remote access means for the duration of the emergency or disaster; provided that the organization uses its best efforts to maintain accessibility for all members present to hear and see the proceedings concurrently. Determination to hold a virtual meeting is at the discretion of the Executive Board. All reasonable technology must be used to authenticate each individual who attends such meeting. Any action that could be taken at an in-person meeting may be taken at a virtual meeting subject to ratification at the first regular meeting held after the virtual meeting or meetings.

Rules for Electronic Meetings:

Chairing electronic meetings:

Electronic annual and special meeting shall be chaired by the president, the vice president if the president is unable to chair, or if neither can chair, a chair shall be elected by eligible voters or their proxy who are present at the meeting.

The secretary shall prepare the minutes of the electronic meeting. If the secretary is unable to act, the chair will appoint an authorized person or eligible voter to prepare the minutes.

The chair shall appoint authorized participants or eligible voters to assist with practice and procedure during the electronic meeting.

Participation other than eligible voters:

Persons who are not eligible to vote or are not authorized participants cannot participate in the discussion at a meeting held by electronic means, but are permitted to attend.

Assignment to the floor:

To seek recognition by the chair, a member shall use the method appropriate to the internet meeting service being used.

Upon member assignment to the floor, the chair shall clear the online queue of members who had been seeking recognition.

If another member claims preference in recognition, they may promptly seek recognition again, and the chair shall recognize the member for the limited purpose of determining whether that member is entitled to preference in recognition.

Interrupting a member:

A member who intends to make a motion or request may interrupt a speaker by using the designated feature for so indicating, and shall thereafter wait a reasonable time for the chair's instructions before attempting to interrupt the speaker by voice.

Display of motions:

The secretary shall designate an online area exclusively for the display of the immediately pending question and other relevant pending questions (such as the main motion, or the pertinent part of the main motion, when an amendment to it is immediately pending.)

The secretary shall cause questions and action or information documents to be displayed before the meeting until they are disposed.

Voting:

All matters will be decided by majority vote at an electronic annual or special general meeting.

If a precise vote is requested, the chair must decide whether the vote will be by roll call or some other method. A vote may not be conducted by secret ballot at an electronic annual or special meeting.

The votes on resolutions and the budget at an electronic meeting may be cast by eligible voters using any of the following voting methods:

e-mail to a designated e-mail address during the meeting's voting window

show of voting cards

call of the roll

The outcome of each vote must be announced by the chair and recorded in the minutes of the meeting. If the vote requires a precise count, the number of votes in favor, against and any abstentions must be announced by the chair and recorded in the minutes of the meeting.

If there is a tie vote on any matter at an electronic annual or special general meeting, the chair may break the tie by casting a deciding vote.

Business may also be conducted by unanimous consent.

All ballots and proxies for an electronic annual or special general meeting must be kept for a period of two (2) years, or as otherwise determined by the eligible voters by a majority vote, after which they will be destroyed.

Video display:

If all of the group is too large to be simultaneously displayed, a video of the chair shall be displayed throughout the meeting.

The member currently recognized to speak or report shall also have video coverage.

Order of Business for electronic meeting:

- a) Register eligible voters and certify proxies.
- b) Call the roll to verify eligible voters present or by proxy and participating in the meeting
- c) Call the meeting to order.
- d) Establish and announce quorum.
- e) Elect a person to chair the meeting, if necessary.
- f) Report the method of notice of the meeting.
- g) Approve the agenda.
- h) Review procedures and voting methods for the meeting.
- i) Approve minutes of the previous annual or special general meeting.
- j) Review reports that relate to the order of business.
- k) Approve the budget for the coming year, if the meeting is an electronic annual meeting.
- l) Deal with new business and resolutions if previous notice has been given.
- m) Confirm the method for electing officers, if the meeting is an electronic annual meeting.
- n) Conduct balloting and vote on agenda items, resolutions and/or elect officers, using the voting method adopted for the meeting.
- o) Terminate the meeting.

The order of business may be changed by a majority vote at any annual or special meeting.

THE LEGACY WE LEAVE

MAFCE 2023 ANNUAL STATE CONFERENCE

SEPTEMBER 19 (Early Bird Workshop), 20-21, 2023

Drury Plaza Hotel Columbia East, 3100 Interstate 70 Drive Southeast,
Columbia, MO 65201 (573-441-0090) drury@druryhotels.com

SCHEDULE

MONDAY, September 18

Board Pre-Conference Meeting, 2 pm-10 pm

TUESDAY, September 19

Board Pre-Conference Meeting, 8 am-3 pm

Registration 4-7 pm

Early Bird Workshops 7-9 pm

District Show and Tell: Twiddle Pillows, Fidget Blankets, Seat Belt Protectors, Hangers for Walkers, Bowl Cozies, Baked Potato Bags, Neck Heaters
Tri-Folds: Club Memories (Legacies) from the past

WEDNESDAY, September 20

Annual Business Meeting

Workshops, Memorial Service

Alumni Meeting & District Meetings

Banquet with entertainment

THURSDAY, September 21

Free breakfast

Workshops

Lunch with Installation of Officers

WORKSHOPS

EDUCATION: Food Waste

ACTION: Equipping Teens to Deal with Life Crises

LEADERSHIP: Scams: Know When to Say No

INTERNATIONAL PROGRAM: Malaysia



NOTES

Anyone can register for full conference or partial conference (Banquet night). You can stay at hotel or at home and participate any time of day. (Costs: Full conference=\$75.00, after August 31=\$90.00; ONE DAY=\$50.00 (Wednesday or Thursday with lunch only); BANQUET only Wednesday evening=\$35.00. *No refunds after September 7.*

There will be a Silent Auction. Clubs should bring quality items for bidding. **THERE WILL BE NO COUNTRY STORE.** There will be 50/50, Pennies for Friendship and *Live Entertainment.*

2023 MISSOURI FCE OFFICERS & DIRECTORS

PRESIDENT Judy Strickland, 1469 CR 432, Jackson, MO 63755-8171
573-979-5436 | EMAIL nanacows67@yahoo.com | Term expires 12/31/24

VICE PRESIDENT Mary Klaproth, 153 Grandview Drive, Jackson, MO 63755-8114
573-243-5426 | EMAIL mklaproth@sbcglobal.net | Term expires 12/31/23

PARLIAMENTARIAN Jo Ann Hahs, 147 Oak Street, Daisy, MO 63743-6200
573-266-3392 | EMAIL ronjoannahs@yahoo.com | Appointed

SECRETARY Gloria Macomber, 18152 CR 152, Luray, MO 63453-2034
660-341-1709 | EMAIL taffymeister@gmail.com | Term expires 12/31/24

TREASURER Barbara Hunter, 20378 Nutmeg Road, Jasper, MO 64755-9215
417-439-0545 | EMAIL Hunterfarmchicken@gmail.com | Term expires 12/31/24

UMC ADVISOR Dr. Jo Britt-Rankin, 305 Gwynn Hall, Columbia, MO 65211-7700

EAST CENTRAL DISTRICT DIRECTOR Vivian Cody, 321 Bauer Road, Silex, MO 63377
573-384-5935 | EMAIL codyv52@yahoo.com

NORTHEAST DISTRICT DIRECTOR Diana Cheatum, 64922 State Hwy TT, Novelty, MO 63460-4137
660-341-3568 | EMAIL dfcheatum@yahoo.com

NORTHWEST DISTRICT DIRECTOR Connie Taylor
39388 Business Hwy 10, Richmond, MO 64085-8323
816-204-8009 | EMAIL conniet16@gmail.com

SOUTHEAST DISTRICT DIRECTOR Phyllis Flanigan, P.O. Box 46, Qulin, MO 63961-0046
573-778-2535 | EMAIL flaniganp@missouri.edu

SOUTHWEST DISTRICT CO-DIRECTORS
Jo McLemore, 21100 Gateway Drive, Goodman MO 64843-9114
417-389-0008 | EMAIL NA

Nola McMillen, 24911 Hwy D, Stella, MO 64867-8119
417-628-3817 | EMAIL jnmc1959@leru.net

Change of address form - PLEASE PRINT

Name _____

Street _____

City _____ State _____ Zip Code 9-digit _____

Phone _____ Email _____

County _____ Club _____

District _____ Membership # MO _____

Mail to: Barbara Hunter, 20378 Nutmeg Road, Jasper, MO 64756-9215
MAFCE State Treasurer | Email: Hunterfarmchicken@gmail.com



The Messenger

The Official Publication of the
MISSOURI ASSOCIATION FOR
FAMILY AND COMMUNITY EDUCATION
1469 County Road 432
Jackson, MO 63755

POSTMASTER
Time Dated Material
Do Not Delay.



Hotel Reservations for 2023
MAFCE Conference
September 20-21, 2023
Early Bird September 19th

Drury Plaza Hotel Columbia East
3100 Interstate 70 Drive, SE
(I-70 Exit 128)
Columbia, MO 65201
Phone 573-441-0090

Please send all articles
for *The Messenger* to:

Judy Strickland
1469 County Road 432
Jackson, MO 63755
573-979-5436

THE LEGACY WE LEAVE

MAFCE 2023 ANNUAL CONFERENCE REGISTRATION

SEPTEMBER 19 (Early Bird Workshop), 20-21, 2023

Drury Hotels, 3100 Interstate 70 Drive Southeast,

Columbia, MO 65201 (573-441-0090) drury@druryhotels.com

Name _____ Date _____

Address _____

City _____ State _____ Zip Code _____ Phone# _____

County _____ District _____ Number of Years FCE Member _____

Person to contact in an emergency _____

Relationship _____ Phone # _____ Phone # _____

Conference Registration

Full Conference (postmarked by August 31, 2023) \$75.00 _____
(Includes Wednesday lunch, Wednesday banquet, & Thursday lunch)

Full Conference (Registering after August 31, 2023) \$90.00 _____

One Day Conference (with lunch only) \$50.00 _____
Wednesday _____ Thursday _____

Banquet Only Wednesday evening \$35.00 _____

Make check payable to MAFCE, INC. Check # _____ Total Enclosed _____

NO REFUNDS AFTER SEPTEMBER 7, 2023

Food allergies _____

Scholarship recipients indicate provider of scholarship. Alumni _____ State _____
District _____ County _____ Other _____

Scholarship & conference fees **DO NOT** include hotel registration. Hotel information on another page.

MAIL TO: Barbara Hunter, 20378 Nutmeg Rd., Jasper, MO 64755-9215

If you have any questions, contact Judy Strickland, 573-979-5436, Email: nanacows67@yahoo.com

Check all that apply to you:

First time attendee _____ Past State President _____ Past Board Member _____

County President _____ Local Club President _____ Attend Early Bird Workshop _____