



# The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

## June 2024

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winner
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- Go Paperless!** ~ 80 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith  
Homemaker Echo Editor  
[cdsmith2139@aol.com](mailto:cdsmith2139@aol.com)

## PRESIDENT'S MESSAGE

June 2024

From the editor ..... Jacquie has taken a summer hiatus for this Echo issue. She wishes all of you the best and to have a delightful summer!

Aloha, Jacquie Maly, HAFCE President



## Hawaii FCE Board Members

### Executive Officers

President ~ Dr. Jacqueline Maly  
 Vice President ~ Lynn Barut  
 Secretary ~ Kathy Uehana  
 Treasurer ~ Frances Dinnan  
 Past President ~ Ruthie Haituka

### Education Chairs

Health ~ LaVanda Salas  
 Home ~ Martha Yamada  
 International ~ Vacant  
 Leadership ~ Vacant  
 Youth ~ Terrianne Sewake

CES Advisor    vacant

## *From the Editor....*

### A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: **September 10<sup>th</sup>, 2024**  
 Please send articles and photos to: [cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com) or 433 Sylvan Ave. spc 39 Mountain View, CA 94041 or (650) 969-3422 or (808) 430-2097 cell ~ Leave a message if I'm not home  
**Aloha, Denise**



**Congratulations to Plastic Contest 1 Winner – LaVanda Salas**

Congratulations LaVanda! We are hoping that many of our members will use your ideas to garden. Benefits are to be in the sunshine and feel the dirt, to harvest herbs or plants to nourish our bodies. To develop a new hobby or help children discover the joy of growing plants and learning to cook and fill their plates with beautiful colors of the rainbow.

**Gardening**

Nori trays and cupcakes holders for seedlings, you also can use the strawberries & grape containers.



Here is LaVanda with her prize from **Upcycle Hawaii**. A cutlery set with bamboo spoon, fork, knife, and a straw made using the caution tape pictured below with the owner of Upcycle Hawaii.



“These pieces of usable art are handmade from reclaimed post-consumer plastics collected from local businesses and residents. Heat and pressure are used to melt multiple layers of plastics together in a fusing process. This creates a thick and resilient base material which is then decorated with additional plastic cut-outs using a technique called “Plastic

Applique”. Each item is a unique piece, giving new life to an overlooked material and supporting landfill diversion.” They can be found on Saturdays at the Hilo Farmer’s Market or you can visit their website at: [www.upcyclehi.com](http://www.upcyclehi.com)

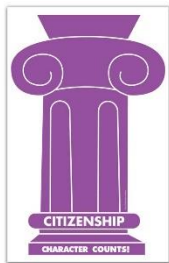
Friendly reminder that **Plastic Contest 2: Lifestyle change for health and environment, will end on September 30<sup>th</sup>**. Just email me a list of the different ways you avoided, intercepted, or redesigned plastic use in your life. The winner will be the member with the longest list. Winner and prize will be announced at the ANNUAL meeting!

My email is: [martha.yamada58@gmail.com](mailto:martha.yamada58@gmail.com). Please continue to email me to share any new ideas for redesigning or repurposing your plastics.



*Let's make a difference together.*

## Youth – Terrienne Sewake, Education Chair



### 2024 National Essay and Artwork Contest Based on CHARACTER COUNTS! ® Character Value: **CITIZENSHIP**

Congratulations and a big thank you to our HAFCE Character Counts! ® participants especially, our 2024 HAFCE winners! This year there were three councils that submitted entries for the State contest. The three councils were Hilo, Kauai, and Windward Oahu. Entries were reviewed and judged by the Hilo Crescent City Lions lead by Mr. Nathan Tajon. Thanks to Nate and his club members for volunteering their time to assist me in this contest!



*Kaira Terui*

Here are the results of the HAFCE Character Counts! ® Essay and Art Contest.

**First Place - Kaira Terui, Kauai**  
**Second Place - Keala Klein, Windward Oahu**  
**Third Place - Finn Conrad, Hilo**

Kaira Terui's entry has been submitted to the National FCE headquarters in hopes of another National 1<sup>st</sup> Place Winner being from Hawaii. Good Luck, Kaira!



## Trimble Foundation Distribution Committee – Pat Kubo – Chair

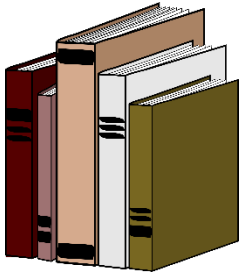
The Trimble Foundation Distribution Committee will meet in the August/September time frame of 2024, prior to the Annual Meeting. Members are - Patricia Kubo (chair), Ruth Haitzuka (vice-chair), Chaclyn Nagata, Laurie Ho (alternate), Heather Greenwood and Meleen Pang Corenevsky. An alternate Big Island member will need to be selected, with the passing of Robin Messenheimer. Applicant Forms will be available on the website <[hawaiiifce.org](http://hawaiiifce.org)>.

Our post office box was closed and all correspondence should be sent to the following address  
Alice P. Trimble Foundation c/o Bank of Hawaii #758  
P.O. Box 3170 Honolulu, HI 96802-3170

The following councils will need to nominate Trimble Distribution Committee members for 2025:

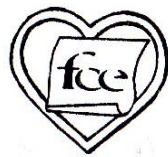
Oahu - Pat's term expires in 2024 - Wanda Lew has volunteered  
Maui - Chaclyn's term expires in 2024 - Maui needs to appoint someone  
Kauai - Terry's term expires in 2024 - Kauai needs to appoint someone  
Executive Committee - New Past President to serve in 2025  
Big Island - need to assign an alternate for 2024/2025

Application forms are available on the [hawaiiifce.org](http://hawaiiifce.org) website or by contacting any FCE Council President or Board member. Deadline to apply: July 31, 2024



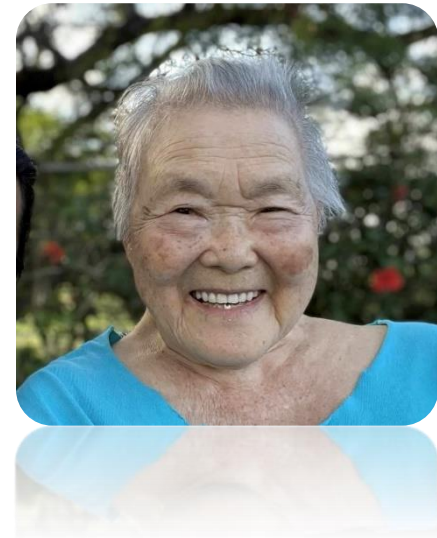
## **Ad Hoc Committee for Preservation of HAFCE Historical Materials – Submitted by Denise Smith**

The current members of the committee are Frances Dinnan, Denise Smith, and honorary member Katsuko Enoki. As of February 2024, all materials were shipped to Oahu and are being stored in a secure location awaiting digital scanning and/or acceptance by an appropriate organization who will digitize and permanently store our materials. A formal letter has been sent to Dr. David Lassner, President of the University of Hawaii, asking for his assistance in determining if UH can accept our materials on a permanent basis. We await his reply. The committee continues to work with Kepā Maly, cultural ethnographer and resource specialist. He and his wife Onaona have been a valuable resource for us in this long journey of preserving our important FCE history.



### **Heart of FCE - 2024**

**Congratulations to Katsuko Enoki,  
Hawaii FCE's Heart of FCE Winner!!**



A registered nurse/certified nurse practitioner, Katsuko (Kats) Enoki joined FCE in 1965. She's held positions at club/council/state levels including State President. Kats was awarded the 2015 National Spirit of FCL award and the Maui County Outstanding Older American award. She was co-teacher for the "Powerful Tools for Caregivers" workshop. She volunteered at the YMCA, and was active in her Bible study group until a fall in 2021, which resulted in a cervical fracture. Currently residing in a nursing home, she keeps active and continues to spread word of FCE. She encourages others to apply for the Trimble Foundation scholarships and the Maui FCE scholarships. Submitted by Lynn Barut

### **2024 Annual Meeting/Convention**

**Where: Hawaii Government Employees Association  
3213 Akahi St. Lihue, HI 96766**

**When: October 19, 2024**

**What time: TBA**

**Format: In person and via Zoom**

**Everyone's Invited !!**



## Hilo FCE – Submitted by Martha Yamada, Terrie Sewake, Denise Smith



shutterstock - 3660899



The Hilo FCE Council yearly FCE Fair took place on Saturday, May 4<sup>th</sup> at the Jaycee Butler Building. Wow, what a fun and very successful Hilo FCE Fair. Clubs featured a variety of homemade and home crafted wares. Among the many items for sale were, banana bread, shortbread cookies, quilted lap blankets, manju, and a plethora of plants. I sure had a much lighter pocketbook at the end of the event!

### Luck O' The Irish with Hui O Wahine

What's the difference between shortbread and Irish shortbread? Irish shortbread's 8 oz of butter has a butterfat content of 82%! For our March program, Karen Kawate introduced HOW members to Wendy Nakamoto, who's from Australia. She shared with us how to create Irish Shortbread from scratch. We literally turned



the block of butter into the flour mixture and made a ball of dough, which was then gently molded to about a 3/4-inch height, before using small cookie cutters to stamp out the shortbread. Pictured is Wendy showing us how to cut out the cookies and HOW members and guests getting their hands "doughy". We all enjoyed an Irish dessert for St Patrick's Day.



### Books for Newborns donated to Hilo Medical Center

On May 14, 2024, Hilo Council FCE donated 240 books to Hilo Medical Center OB Department as our Books for Newborns Project. We are grateful to the members of Hilo Council FCE Clubs that believe in giving our babies a good start by encouraging early reading. Thank you to Kauai Council for connecting us with Paper Pie which matched us for an additional 25% of free Books. This is our 19<sup>th</sup> year of donating Books for Newborns!

*Pictured are from left: Doris Iwaoka and Martha Yamada from Hui O Wahine Club, our three busy and dedicated nurses from the OB Department, Lisa Rantz - Executive Director for Hilo Medical Center Foundation, and Lee Watanabe with Hoaloha FCE Club.*





## Robin Messenheimer Memorial

Robin Messenheimer, a 16-year member of Hilo FCE, passed away on April 14, 2024 in Florida at the age of 79. She was a member of Puna Wahine FCE Club. She was an unsung, grassroots heroine! She served as secretary, historian and newsletter chair for Hilo Council as well as serving on and chairing many convention committees. She held several club officer positions over the years and coordinated her club's Zoom meetings, started during the Covid pandemic, so they could continue to meet regularly. Robin also volunteered to serve as "Tech Support" assistant for HAFCE Past President, Katsuko Enoki. She was named Hawaii FCE's Heart of FCE in 2021. She was instrumental in helping the FCE Historical Materials committee get started. Her other community organizations that she devoted her time to was Zonta International, Hilo Toastmasters, Big Island Retired Military Association, Hawaii Island Palm Society, Hilo Orchid Society, and the Hawaii Concert Society, where she served as treasurer. Her favorite pastime was greeting card/scrapbook crafting. She shared her talents at many a Hilo FCE Fair and at workshops. She was an avid bridge player as well as chess player and loved birding and photography. She and her husband lost their home and lovely gardens to lava during the 2018 volcano eruption in Leilani Estates - Puna. They moved into Hilo for a while and eventually moved to Florida in 2020 to be closer to family but she remained a devoted FCE member. She is survived by her husband, Harry, her son Andrew, her step-daughter Carrie, 4 grandchildren, and 3 siblings.

*Contributed by Harry Messenheimer, Katsuko Enoki, & Denise Smith*



## Shimomi Araujo Memorial

Shimomi Araujo passed away on June 3, 2024. She was 98 years old and was a 70-year member of LHK FCE Club. She was the perpetual president of her club, was an avid FCE state and national convention attendee, excellent cook, and seamstress extraordinaire! She was Hawaii's "Heart of FCE" in 2006. The following was contributed by her daughter, Elizabeth:

"Shimomi had 5 children, 4 boys and 1 girl. She is survived by Daughter Elizabeth (Roger) Toledo, Son Clayton (Terrie Saito) Araujo, 8 grandchildren, 14 great grandchildren and 2 or 3 great great grandchildren. Her 3 oldest sons Peter Archie Araujo (53 yrs.), George Ernest "Ernie" Araujo (37 yrs.), and Lawrence Kei Araujo (69 yrs.) predeceased her. As difficult as these 3 deaths were for her, she was resilient. Their pictures hung in her living room and she faithfully visited gravesites on birthdays and death anniversaries. She instructed Clayton to carry on with those visits! She is the last surviving of her Arai family, her oldest brother Toichi Arai passed away November of 2021. He was 97 years old. She had the worst birth date, December 26, 1925, Day after Christmas! We were always partied out by then but we still had celebrations! Always had to be ON that date too!! NEVER early, late maybe a day or two but no more. She was a member of the Hilo Seventh-day Adventist Church since 1958. She was a very active member, participated in many church events, everyone loved her food for potlucks and in her younger days she held many leadership roles. Being the most senior member, she was dearly beloved by all. She worked at Kamehameha Garments in Hilo for many (?) years - had many lifelong friends from there too. Uncle Billy's Hotel gift shop/Hawaiian wear was named for her. Shimomi's Garment Factory at Uncle Billy's Hotel was her favorite job - probably because she was the Boss! The Kimi family took her in as one of their own and was part of the family all those years and even after she retired. Uncle Billy Kimi was a smart man who knew how to best utilize her many talents. She loved getting

to know so many people from Hilo while there, as she and her team sewed school band and ukelele band uniforms, even uniforms for the County Band. Then there were the halaus and the prom dresses; even wedding and bride's maids dresses. There was not an outfit she could not make. Honestly, I never ever heard a complaint on anything she made. She was quite the perfectionist! She was a 70-year member of FCE. I will be 74 and I know she always said I was 5 when we moved to Lanakila and she joined Lanakila U.E. (the name in those days). So FCE has been a part of my life as long as I can recall, her club members and their kids have been lifelong friends. She credits FCE for learning so much on how to take care of her family and taught her many many everyday things she would never have known if not for FCE. She loved FCE more than anything. She was able to travel and she went to MANY national conventions and would brag that she had been to almost all 50 states, mainly due to FCE conventions. She met many ladies that grew into long friendships and they would look for each other at each convention. When we were kids, the State convention was her annual vacation away from the 5 of us! All the many little things she brought home were like little treasures she would share with the 5 of us. The many Christmas parties and Club events were great for the whole family. The Lanakila Club members became our family - Aunties and Uncles I have wonderful memories of too!!"

*Mahalo Nui to Elizabeth Toledo for sharing a glimpse of her amazing mother's life with us!*

### **Kauai FCE - submitted by Frances Dinnan & Laurie Ho**



On April 13<sup>th</sup> Kauai's 2024 Character Counts! © winners were presented with certificates, cash prizes and lei. The students, their teachers, and families were also treated to a luncheon at the Lihu'e Neighborhood Center, hosted by Kauai FCE. Kauai FCE first place winner was Kaira Terui, second place winner was Lily Millard and third place went to Karissa Fuchigami. Honorable mentions went to Tristan-Ckylar Andres, Austin Sadamitsu and Justin Ganir. Kaira Terui was later judged first place FCE state winner and her essay and artwork will be forwarded to National FCE for competition. All are students of Wilcox Elementary School.



*Front row L to R: Kaira Terui, Lily Millard, Tristan-Ckylar Andres, Justin Ganir  
Second row L to R: Teacher Mrs. Karen Heresa, Karissa Fuchigami, Teacher Ms. Dayna Fujii, Austin Sadmaitu, Teacher Ms. Milagros Sagucio*

*Kauai FCE Continued* - Flowers adorn the beautiful members of Kauai FCE as they share their lei and ti leaf rose making skills. Annually, and in partnership with Kauai Museum, KAFCE members volunteer to demonstrate lei making to visitors. Donations help support museum programs. Here are a few pictures of May Day and Kamehameha Day Events.



### **Maui FCE - Submitted by Lynn Barut**

Since 1979, MAFCE has awarded \$196,700 to 143 students. Starting in 1979, five students received \$200 each. The award was increased to \$500, then \$1,000 and currently \$2,000. With today's \$10,000 award, MAFCE will have awarded \$206,700 to 148 students! These scholarships were made possible from our cook books sales. MAFCE printed and sold the yellow, green, red, blue, gold, and the 50<sup>th</sup> Anniversary cookbook. Unfortunately, we no longer print these cookbooks due to the rising costs. Proceeds from the sale of these cookbooks are used for the scholarships.



#### **This year's recipients of the scholarships are:**

- Chanel Higa, Baldwin High School, attending University of Hawaii at Manoa (not pictured)**
- Rachel Takamiya, Baldwin High School, attending Lewis and Clark College**
- Zach Kuraoka, Baldwin High School, attending Seattle University**
- Edrich Rabanes, Maui High School, attending California Polytechnic State University**
- Chelsey Konno, Maui High School, attending Johns Hopkins University**



**Rachel Takamiya**

**Zach Kuraoka**

**Edrich Rabanes**

**Chelsey Konno**

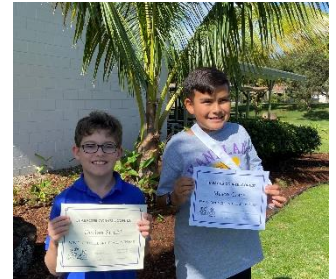




# Windward Oahu FCE & Imiola Club – submitted by Ruthie Haituka

APRIL - JUNE 2024 ACTIVITIES AND EVENTS

## **CHARACTER COUNTS! *sm* CONTEST WINNERS**



This year's winner for Windward Oahu FCE is Keala Kline of St. Vianney in Kailua and she also placed second at the state level. Pictured above is teacher Ms. Victorino along with her parents. Hanalani Schools class of fourth graders are pictured along with Mason Grace and Declan Strahl who took second and third places. Prize awards were presented to all of our winners along with a check to each class of \$50 for a pizza party for their participation. We look forward to another year of participation for this contest and artwork!

## **FOSTER GARDEN – GLEEM**



Foster Garden is bringing back its Gleem project on Saturday, July 20, 2024 from 3:00 – 6:00 pm. Imiola Club/Council will be doing two crafts. Spinners using bottle caps and spoon flowers using a fork to form the flower. See picture to the left. It is anticipated that there will be over 500 attendees. Parking, shirt and dinner will be provided.

## **MINI IKEBANA**





Learning from a master Ikebana teacher, is Patricia Kubo. Pat has an eye for flower arrangements. She uses her skills to teach others. Finding ferns and other greenery from her yard and purchasing flowers, members got to test their skills at creating their miniature artwork. Above, see our members creations! Each member made two – one for sharing and one for them to keep. As you can see, some members were really into making these miniature ikebana as they wanted to share with more than one person.



### JACQUELINE MALY'S ACHIEVEMENT REWARDS FOR COLLEGE SCIENTISTS



At a recent awards dinner for ARCS - Achievement Rewards for College Scientists, Jacquie received the Angle Award. It honors not only financial contributions to the program but also her active participation as well. The organization honors each year the outstanding member of the Board of directors. Having served for two years as Board President, she received that award in the past. ARCS National Board has announced a third possible award – the Spark Plug. She is waiting to see the criteria for that, as well as what the trophy would look like – a real mounted spark plug on a plaque perhaps?



spark plug on a plaque perhaps?

### LEI MAKING



Members were treated to a lei making class in keeping in tune with the graduation season. Due to Jeanette Pang's admittance to the hospital, Pat stepped in to teach her program. Members were taught to make a braided ribbon lei. Supplies and tools needed were two different 10-yard spools of satin ribbon (white and green) and scissors.

Pulling at least 6-8 inches of each ribbon free from the spool, decide which ribbon you'll start with. This is now ribbon 1. Make a slip knot in ribbon 1. Make a little bunny ear-style loop 6-8 inches along ribbon 2. Insert loop 2 through look 1, pull loop 1 tight. It should be snug against loop 2 but should not cause any creasing.

Using the longer, spool end of ribbon 1, make a loop. Insert this new loop through the loop in ribbon 2. Pull ribbon 2 tight. Fold a new loop in ribbon 2, insert it through the loop in ribbon 1. Pull ribbon 1 snug. You should start to see a checkerboard pattern developing. Repeat until you have your desired length. You can make the lei as long or short as you'd like. (Most lei are about a yard.) when you're happy with the length, cut your ribbons, leaving at least 6-8 inches free or more if you want a bow. Once the ribbons are cut, pull the tail end of the last loop all the way through to finish off the braid and tie a knot. Tie the two ends of the lei together. Finish off with a bow.



## Quilts for Trimble Foundation & ACWW - submitted by Denise Smith

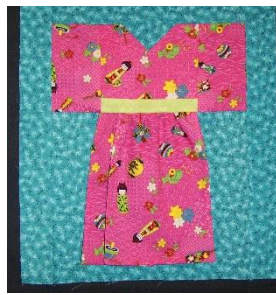
I was asked by a member how many quilts I have made for FCE to benefit either the Trimble Foundation or ACWW over the years. I had to do a little digging through my newsletter files & my photos and this is the best that I can come up with - 15 quilts. As you can see, I wasn't tracking them at first and then I got the idea to name quilts (all my quilts are named), made in the last year of each president's term, in honor of her. If you are one of the unknown winners, please send me an email so I can fill in the blanks. Below the list is a little snippet of the quilts that I do not recall who won them. I hope that all my quilts have found good homes with my FCE friends and families. It has been a delight to make them and share them with you - and to support our wonderful foundation and worldwide association!

<u>Name</u>	<u>Year</u>	<u>Winner</u>
1. Baby Quilt	?	Jolette Nakamura
2. Shimomi's Slippahs	?	?
3. Kat's Kimonos	?	?
4. Pat's Pineapples* <i>Pat Kubo</i>	2012	?
5. Bird of Paradise	2013	?
6. Milo's Medallions* <i>Milo Ferreira</i>	2014	?
7. The Luau	2015	Rose Vierra ?
8. Sally Sells Sea Shells* <i>Sally Bowman</i>	2016	Milo Ferreira
9. Kingyo	2017	Chong Family
10. Martha's Mikado* <i>Martha Yamada</i>	2018	Sanae Morita
11. Bento Box	2019	Rose Vierra
12. Roses for Ruthie* <i>Ruth Haitzuka</i>	2020	Mable Tanaka
13. Kyoto Kimono	2021	David Haitzuka
14. Ruthie's Rabbits* <i>Ruth Haitzuka</i>	2022	JoAnn Aguirre
15. Retro Aloha Shirts	2023	Gail Kimura

*\*Quilt named in honor of outgoing HAFCE president*



Shimomi's Slippahs



Kat's Kimonos



Pat's Pineapples



Bird of Paradise



Milo's Medallions



The Luau

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