

FaCEs

*The Official Publication of the
Alaska Association
for Family and Community
Education*

May 2023, Issue 1 (2023-1)



Treasurer's Report

Jill Martinson
April 13, 2023

Getting the banking and treasury information transferred to me was a bit delayed due to my trip to Israel and Mabel's trip and WINTER. On April 6 we met at the bank and put TJ Barnes, Secretary, and me, Treasurer, on the Wells Fargo account as signers with Mabel Quilliam, President, and removed the other signers. I have not had time yet to look at the treasurer's information. I plan to get familiar with everything next week.

I am also planning to buy a paper financial record book to use instead of the small checkbook register.

Thank you for trusting me with this position; I hope to do a good job.

Historian's Report

Mary Hensel
April 13, 2023

Our annual state conference is scheduled for September 18 - 22, 2023, at North Star Bible Camp outside Willow, Alaska. The theme is "Exploring the Magic of Knowledge". I would like to remind all FCE clubs to keep records of their activities to be displayed at that time. If you find an item of statewide interest, please send it to me.

Since our last conference, I have received two obituaries, one for Phyllis June Boltz of Sterling from Rieta Walker and one for Audra Forsgren of the Matanuska Valley from Barbara Thomas. Thank you.

Happy Spring? It was snowing here again today.

Mary Hensel
11405 Hawkins Lane
Anchorage, AK 99516

ma_hensel@yahoo.com

(907)0344-1752

2022 Annual Conference Audit Report

Barbara Thomas

The audit was done by TJ Barnes and Helen Foster on March 27, 2023.

<u>Income</u>	
State loan	\$1,000.00
Tuition	<u>9,269.00</u>
Total income	\$10,269.00

<u>Expenses</u>	
Conference center	\$8,695.00
Repay loan	1,000.00
Postage & printing	371.56
Class fees	70.00
Refunds for overpayment	<u>75.00</u>
Total expenses	<u>\$10,211.56</u>

Balance \$ 57.44

Membership By District and Club

Barbara Thomas
April 13, 2023

As of April 1, 2023

State	
Individual	49
Senior	33
Family	<u>8 (= 16</u>
members)	
Total	98

Anchorage District	
Flattop Forget- Me- Not	
Individual	3
Senior	<u>10</u>
Total	13

Kenai Peninsula District	
Homer	
Individual	2
Senior	4
Family 1 =	<u>2</u>
Total	8

Mat-Su District	
Lazy River	
Individual	5
Senior	2
Family 3 =	<u>6</u>
Total	13

She-Mon-Sun	
Individual	9
Senior	<u>2</u>
Total	11

Talkeetna	
Individual	4
Senior	<u>2</u>
Total	6

Wasilla	
Individual	6
Senior	<u>4</u>
Total	10

Mat-Su District	
Total	40

Northern District	
17-Mile	
Individual	15
Senior	9
Family 3 =	<u>6</u>
Total	30

Tok-A-Tan	
Individual	<u>4</u>

Northern District	
Total	34

Greater Alaska	
Individual	2
Senior	<u>1</u>
Total	3

Exploring the Magic of Knowledge

Literature...Art...Music...
Teamwork...Work Ethic...
Languages...Faith...Culture...
People Skills...Homemaking
Skills...Facts...
Practical Skills...
Awareness...
Experimentation



The Anchorage and Homer FCE Districts would like you to join us in "Exploring the Magic of Knowledge" at the North Star Bible Camp. We invite you to the 2023 Alaska FCE Annual Conference beginning on September 18 at 4:00 P.M. and ending September 22 after breakfast. The cost is tentatively \$320 per person with a minimum of 30 full-time attendees.

Spirit of Alaska Women Book Sales

Nancy Heckart, Chair
Rieta Walker, Editor

In the Treasurer's statement following the minutes of the spring board meeting, you will see that the Wasilla club sent in

\$75.00 from book sales; that means that they sold 15 books as they sent \$5.00 for each book sold to Alaska FCE.

Sales help our state income. Please send the \$5 through your district to Jill Martinson, Alaska FCE Treasurer. The amount you charge above the \$5 per book goes to your club or district depending on whom you are selling the book for. A good fund raiser for your club or district. If you need more books, please let me know, and I will find a way to get them to you.

Districts, please let me know if you have a contact person overseeing book count and sales. It would help me to know how many books are out there at this point and give me an idea of whom to contact. I would like a count of unsold books for each district. If I don't have a contact person for your district, I will contact the district president for this information.

Thank you for your help.

Nancy Heckart, Chairman
907-349-3361 (land line)

Mailing Address
PO Box 110446
Anchorage AK 99511





CES Update

April 13, 2023

The biggest news in Julie Cascio's report was that Jodie Anderson is now the Director of the University of Alaska Fairbanks Institute of Agriculture, Natural Resources and Extension (IANRE). The Cooperative Extension Service is part of IANRE.



Those who attended the annual conference last year met Jodie when she gave a general session presentation on "Alaska Agricultural Research". (Remember 2-awn barley?) She was Interim Director at that time.

I believe that Jodie is the first woman to hold this position. However, when the Alaska Cooperative Extension Service was established in 1930, Lydia Fohn-Hansen was co-director for home economics with George W. Gasser as co-director for agriculture..

Julie also told us about the activities of CES Home, Health, and Family Development Agents. Energy Specialist Art Nash works out of Fairbanks. As does Leslie Shallcross; she continues with programs concerning chronic health conditions. Leif Albertson has moved from Bethel to Anchorage, but still serves the Bethel-Yukon-Kuskokwim area. Shari Lewis is able to serve communities in Southeast with the use of her family boat. The Kenai Peninsula position is vacant; the candidate it was offered to, did not accept it. Julie continues as advisor to Alaska FCE along with her other programming.

I failed to get a written copy of Julie's report in a timely manner. The above is by your Editor. - RW

Please volunteer

Please volunteer to fill an *ad hoc* position: Scholarship Chair, Heart of FCE Chair, Nominating Chair.



District Reports

Anchorage

Nancy Heckart, President

April 13, 2023

Anchorage had an active year for the number of members we have. Covid still managed to set back the work on some projects early in the year. We worked around those setbacks and had a very productive year.

When the request for a class on container gardening was mentioned, Lynn Hansen, a new member, volunteered to help us create our own container gardens to enjoy for the summer. She began with a great introduction on container gardens. Then under Lynn's guidance we got the experience of creating our very own lettuce and herb garden to take home. I enjoyed a variety of lettuce from my container most of the summer.

Debra Metas, a registered dietitian and a new member, presented a very interesting and informative program on "Nutrients for an Aging Population". She left us with a wealth of information that could help us live a healthier lifestyle. These

were things we could really do and feel good about.

We tried to hold a fleece blanket workshop each month. This was both social and productive. We completed about 40 fleece blankets for Hope Center incentive program. Hope Center provides educational programs, job training and safe housing for homeless women. We provided financial help for 9 Star, that provides educational programs, job training and safe housing when needed for youth 15 to 26 years old. We provided money for scholarships for foster kids/families to go to Royal Kids Camp. We provided funding for books, etc. for the "Battle of the Books" program sponsored by the Tyson Elementary School librarian.

Seven members attended the state conference this past year. This year Anchorage and Homer FCE Districts will be sponsoring the 2023 ALASKA FCE ANNUAL CONFERENCE.

Our fundraiser provides funds to support organizations that provide shelter, education, and career training to homeless women and youth and programs in schools and foster family camp. These are the groups that we chose this year.

Homer Kenai Peninsula

Rosie Burgess, President

April 13, 2023

This is a very brief report for the Homer KP FCE.

We have been in a slow mode since the state conference. Our membership has dwindled and many of us who are left are dealing with personal and health issues. We do need to work on membership.

December brought a great potluck celebration of turkey with the trimmings, a gift exchange and just happiness to spend time together with our FCE friends.

More Raise-a-Reader® packets were assembled and distributed and *Hearth Fire Series* programs were presented.

We hope to get in gear as the summer progresses

Mat-Su District

Barbara Thomas, President

As I am writing my "Spring" report, it is snowing with no end in sight. We are having our Spring Luncheon April 18 at North Star Bible Camp where, they tell us, they have lots and lots of snow. Some of our members wanted to wear their dresses from the Kenai Peninsula retreat so our theme is "The Roaring Twenties". We are looking forward to a fun time.

We will soon be working on our Alaska State Fair demonstration schedule. The 2023 theme is "Beyond the Mountains". The Fair is going to be over three weekends: August 18 through Labor Day on September 4. The Fair will be closed Tuesdays and Thursdays. This means we will be working to fill 14 days of demonstrations. We are holding out hope that next

year they will go back to the old schedule where we were responsible for 11 days.

We along with Julie Cascio and CES will be sponsoring the Homemade Pie Contest. The pie category is Apple, as in "As American as apple pie". The main ingredient must be apple. Check out the Alaska State Fair website for more information about the Pie Contest and all the other baking contests.

We are pleased that our membership is holding steady. Our volunteer hours in 2022 were up over 1300 hours from 2021. With COVID over for the most part, we see there are some things that have gone away and don't seem to be coming back. However, some good things have come out of COVID, like Zoom classes and meetings, and the monthly Oregon FCE Zoom lessons. The Oregon lessons are available on their website and now, I believe, on the National FCE website.

<https://www.oregon-fce.org/oregon-fce-zoom-lessons-on-youtube>

Northern District

Helen Bernstein
17 Mile President
April 13, 2023

January-April 2023

In January 2023, we made and provided 346 knit hats to various local agencies for their cliental. To be more specific we gave 36 to Meals on Wheels, 125 to AK Housing, 55 to the homeless

shelter, 10 to the breadline, Carol Price center 65, and one of our members gave 5 to her church members and 50 were given to The Door organization. In addition, we gave 18 knitted head bands and 8 stuffed toys to AK Housing.

In February we began making Christmas stockings to build up a stock above and beyond what is requested of us every year. We completed 170 stockings. This will provide Seattle's Children Hospital with 135, and North Pole Rotary 85. There are 90 needing trim only. We have 261 additional stockings cut out, waiting to be finished soon. We would like to be in a position at Christmas time to share the stockings with more children right here in North Pole.

In April 2023, the club had a push to get out our Raise-a-Reader® kits. We provided 30 kits to the Tanana Chiefs, 25 to Eielson Air Force Base, 35 to the birthing center, and 50 to women center at RCPC.

Also in April, We were honored to have Leslie Shallcross from University of Alaska Cooperative Extension Service come to the meeting to install the board members. Helen Bernstein is the new President. The Vice President Brenda Sadler, the Secretary Marleyne Hunter, and the Treasurer Karen Wood are beginning their second year. Ms. Shallcross recognized them and swore them into their positions.

We will be having our first bazaar this year in Salcha, AK, on May 13, 2023. We have been busy sewing new merchandise for the bazaar. We are sewing quilted stockings, quilted baby blankets, painted Eskimos, felt petaled wreaths and so much more!



Volunteers Needed

To the best of my knowledge committees for nominating new officers and reviewing our bylaws have not been appointed.

A person from each district is needed for the **Nominating Committee**. A new **Vice President** and new **Historian** are to be elected. Or you could volunteer to run for either of these positions.

The **Alaska FCE Bylaws** are to be **reviewed** (and recent amendments inserted along with their resulting housekeeping changes). This task should be completed and presented to the membership not fewer than **45 days** prior to the annual meeting. See Article XII Section 1 and Section 2.

The annual meeting will be held at the annual conference which is scheduled for September 18 - 22. It would be good to have proposals ready and distributed by **August 4**.

Alaska Association for Family & Community Education
Spring Board Meeting via ZOOM
April 13, 2023

Call to order: 10:12 a.m.

Pledge of Allegiance: said by all.

Alaska FCE Homemaker's Creed: read by President Mabel Quilliam.

Roll Call: President-Mabel Quilliam; Secretary-TJ Barnes; Treasurer-Jill Martinson; Historian-Mary Hansel; Membership/Mat-Su Valley District-Barbara Thomas; Finance/Budget/Anchorage District-Nancy Heckart; *FaCEs* Newsletter Editor/Homer District-Rieta Walker; Northern District-Helen Bernstein; Cooperative Extension Service-Julie Cascio. Other members attending include Barb Thoma, Diane Doody and Vi Markson.

Welcome to new officers in 2023: President, Secretary and Treasurer.

Approval of the Agenda: Rieta Walker proposed the Agenda be amended to include the Heart of FCE be moved from New Business and added under Standing Committee Reports in a section for Special Committee Reports and Kathy Huston be added as Heart of FCE Chairperson. Motion was seconded and passed.

Minutes of the the last meeting: Hearing no corrections to the minutes printed in *FaCEs*, the minutes stand as printed.

Treasurer's Report: Jill Martinson read the report compiled by Mabel Quilliam. Barbara Thomas moved that we accept the Treasurer's report subject to audit. TJ Barnes seconded the motion. Motion passed and the report will be attached to these minutes.

Officer Reports

President Mabel Quilliam: Mid-year National FCE Conference update: the location has been set for the next three years for National Conference. The most affordable option has been determined to be the Holiday Inn in Lawrence, Kentucky. This year's conference will be August 3-6. Barbara Thomas also attended the mid-year meeting and was shocked to learn there are only 1,300 national FCE members. Two new *Hearthfire Series* leaflets presented were "Family Meals for a Happier & Healthy Family" and "Ovarian Cancer: The Silent Killer". There was a presentation by Connie Larrington titled "Food Waste: A World in Crisis"

Vice President Sue Selk (not in attendance): Barbara Thomas updated us that Sue broke her femur and is out of state with family recuperating.

Secretary TJ Barnes: no report at this time

Treasurer Jill Martinson: will be purchasing a new ledger with funds already budgeted as expenses for the Treasurer.

Historian Mary Hansel: Our annual state conference is scheduled for September 18-22, 2023, at North Star Bible Camp in Willow. The theme is "Exploring the Magic of Knowledge". Reminder to all FCE clubs to keep records of their activities to be displayed at that time. If you have an item of statewide interest for FCE, please send it to her. Since our last conference, she has received two obituaries, one from Rieta Walker and one from Barbara Thomas.

District President Reports: reports to be published in *FaCEs*. Reports delivered: Anchorage, Nancy Heckart; Kenai Peninsula, Rieta Walker for Rosie Burgess (Later Rosie phoned in her report, and it is printed in *FaCEs*); Mat-Su, Barbara Thomas; Northern District, Helen Bernstein.

Correspondence and Announcements: none presented.

CES Update: Julie Cascio updated us. Jodie Anderson is now the Director of the University of Alaska Fairbanks Institute of Agriculture, Natural Resources and Extension (IANRE). The Cooperative Extension Service is part of IANRE.

Standing Committee Reports

FaCEs, Rieta Walker: *FaCEs* will be sent out via email and everyone is encouraged to update their email address with Rieta.

Finance and Budget, Nancy Heckart: not much to report at this time as much of the work is done in August.

Membership, Barbara Thomas: report was read and will be submitted for publication in *FaCEs*.

Scholarship: Mabel will need to appoint someone to cover the Scholarship Committee because our members need to know what scholarships are available before our meeting this fall. James Matthews scholarship information was given to Mabel. Julie is the chair for that scholarship and encouraged Mabel to apply as in the past it was used to assist those going to the National Association for Family and Community Education (NAFCE) annual conference; although there are funds budgeted to send our President to the national conference, it would be nice to have assistance from this grant.

Special Committee Reports:

Heart of FCE, Chairperson, Kathy Huston (not present): Mabel stated Kathy received one nomination and sent it to NAFCE.

Unfinished Business:

2022 Conference Audit: Barbara Thomas read her report and will send it to Rieta Walker for *FaCEs*.

New Business:

2023 Alaska FCE Annual Conference: The theme is "Exploring the Magic of Knowledge". Send any information about classes and presenters to Nancy Heckart. The "get acquainted night" activities will be planned by 17 Mile Club and the "fun night" activities will be planned by Mat-Su.

New Appointments:

Nominating Committee: Mabel will need to make appointments for one representative from each district; she could give that authority to the Nominating Committee Chairperson should she chose to, once she finds a Chairperson. We referred to our bylaws, and Nancy Heckart suggested she may have a new member who may chose to participate and serve.

2023 Election

Vice President and Historian are up for election this year.

Bylaws Revision Committee:

Rosie Burgess was suggested for Chairperson by Barbara Thomas and Rieta Walker.

Meeting was Adjourned at 11:33 a.m.

Submitted by
TJ Barnes
Secretary

Alaska FCE Treasurer's Report

April 6, 2023

Mabel Quilliam, Alaska FCE Treasurer

Bank Balance as of October 27, 2022		\$12,208.26
INCOME		
2023 State Memberships Dues	\$70.00	
<i>Spirit of Alaska Women</i> Books Sales (Wasilla Homemakers FCE)	\$75.00	
Mat Su Council Conference	<u>\$1,057.44</u>	
Total Income		<u>\$1,202.44</u>
BALANCE PLUS INCOME:		\$13,410.70
EXPENSES		
Talkeetna Homemakers FCE Overpaid Membership	\$3.50	
Postage & Copy Paper	\$25.92	
2023 National Dues	<u>\$45.00</u>	
Total Expenses		<u>\$74.42</u>
BANK STATEMENT BALANCE		\$13,336.28
DEDICATED FUNDS		
State Scholarship Fund	\$1,500.00	
National Delegate Fund	\$3,500.00	
State Conference Development Fund	<u>\$1,500.00</u>	
Total Dedicated Funds		<u>\$6,500.00</u>
WORKING BUDGET		\$6,836.28