

# FaCEs

The Official Publication of the  
Alaska Association  
for Family and Community  
Education

October 2023, Issue 2 (2023-2)

## from the President

Mabel Quilliam  
September 5 and  
October 21, 2023

Wow, another year has passed by so quickly. I want to thank you for the honor of being your President. There is still so much I need to learn, and I'm hoping I can count on all the members to keep me in check to accomplish what needs to be done.

I have also been the President of our Talkeetna Homemakers FCE club for 15 years, a Board member for the Sunshine Health Clinic, a helper at the Susitna Food Pantry on Tuesdays and Fridays, and a member of the Talkeetna CERT. And I have been trying to go to the Mat-Su District meetings. I wish it were possible to attend each of the other districts' meetings.

I was able to attend this year's National FCE Conference in Erlanger, Kentucky, August 3 – 6. There were so many things that I learned about; and I will try to mention some of them here.



The most important topic was Human Trafficking, how prevalent it is in every state. Here is how they reference it: *The Worth of a Penny*. "Pennies are stepped on, stepped over, forgotten about. They have become worthless in our society. They lie on the ground, but we do not take the time to notice them or pick them up. At stores they are left on the counter for our convenience – we take one if we need one, we leave it if we don't.

"These pennies represent victims of human trafficking:

"There are 27 million of them. They are invisible yet they are everywhere.

They are stepped on, stepped over, forgotten about, and they are used for our convenience. Take time to notice the pennies. There is value in pennies. They are worth the fight"

There were several clubs recognized for being formed for more than 100 years.

We learned how MUSIC is magic and is therapy for the aging brain.

It also lowers blood pressure, improves memory, increases motivation, manages pain, and increases your joy and confidence.

Generational Differences were the subject of one course that taught us to appreciate them.

**The G. I. Generation:** 1900 – 1926. Their motto was “Use it up, fix it up, make it do, or do without.”

**Traditionalist** or the **Silent Generation:** 1927 – 1945. They had social turmoil in adulthood which caused them to keep their heads down and work hard.

**Baby Boomers:** 1946 – 1964. New labor laws and economic growth led to more free time, time for building, developing and valuing relationships with family and friends.

**Generation X:** 1964 – 1979. Due to more women joining the workforce, they were nicknamed the “latchkey generation,” children returned home to an empty house, used a key to get in.

**Millennial:** 1980 – 1999. They are the first generation that grew up in the internet age. The technical advances of the world revolutionized much of their lives.

**Generation Z:** 1996 – up. They grow up with access to the Internet and portable digital technology from a young age. They have been dubbed the “Digital Natives.”

We received *Hearth Fires Series # 78: “Family Meals for a Happier Healthier Family.”*

We got a printout of “**12 Techniques for Productive Meetings,**” and “**Ideas for Bringing in New Members.**” If anyone wants a copy of these, just let me know.

I had a very enjoyable time at the Conference and would really like to see others being able to go by providing scholarships from money raised through different fund raisers.



## **Food Security NAFCE Three Year Project**

fce FLASH

With comments by your Editor

The topic of the three-year project that all states will work on is Food Security. “Food is vital to survival.”

“What happens when droughts and/or flooding continues globally? Are we prepared? What can we do? How can we affect public policy to put rules/laws in place to help? Would our older members be willing to help with teaching preserving foods, unique ways to make foods stretch?”

Comments: We can begin in a small way, individually, locally.

I used to think that most Alaskans were prepared for food emergencies with a supply of shelf safe food on hand. But, alas, I discovered that several friends didn't have enough food on hand to last much more than a day or two. Do you have a personal emergency food supply? Would you be willing to share it?

Do you shop at your local Farmer's Market or other local fresh produce place? support local agriculture in other ways?

Do you garden? preserve fish, vegetables, or fruit?

How do you prevent food waste? keep food safe?

Do you support your local food bank?

### **Secretary's Report**

TJ Barnes

Read the minutes. Find out who was elected to the Vice President and Historian positions. See what other action was taken at the annual meeting. [Editor in TJ's absence]

### **Treasurer's Report**

Jill Martinson

See the Treasurer's statement on the last page of this newsletter.

### **Historian's Report**

Mary Hensel

September 21, 2023

Again we are fortunate to meet at North Star Bible Camp for our 73rd state conference. However, COVID is still around, and we must be aware and vigilant.

One of our Wasilla members, celebrated her 100th birthday and 67 years of FCE membership. Elverda Lincoln, we honor you! We wish you every blessing and thank you for your active membership. [Until this past year, Alverda was Vice President of her club and arranged for programs and speakers - Editor]

An Anchorage member, Vi Markson, discovered a treasure in her files, a mint condition premier copy of *HOMEMAKER*, the National Extension Homemaker Council official magazine. Vi was a charter subscriber. This magazine and a copy of the *Frontiersman* newspaper's front page feature of Elverda's story will be on display on a table in the dining hall along with the history and memorial books with the most recent entries.

Thank you to all who are in attendance. We know it is not as easy as it once was to come to "camp". We miss those unable to attend.

Mary Hensel

11405 Hawkins Lane

Anchorage, AK 99516

[ma\\_hensel@yahoo.com](mailto:ma_hensel@yahoo.com)

(907)344-1752

**FaCEs/Editor's Report**

as given at the Alaska FCE Annual Meeting. Remarks were not part of the report.

Rieta Walker

Thank you to everyone who has already given me their reports. The deadline for the rest of you is October 10.

I invite each of you to send me comments or stories about the Conference in general or about a particular class. These are often the best part of the newsletter!

I send *FaCEs* electronically to all members that I have email addresses for. Except for a favored few, your local district president is responsible for getting paper copies to those without email.



**Exactly 100  
Alaska FCE Membership Report**

Barbara Thomas

Attached is the "2023 Membership by District and Club". The report shows each club's membership by individual, senior, and family. Our total membership in 2023 is 100 versus 102 in 2022. Again there is no dues increase for the 2024 membership year. However, I still want to encourage clubs to help their members pay their dues with membership grants.

I am handing out the 2024 membership packets for each club.

The packet includes a few membership forms, an instruction sheet, plus each club's 2023 membership list. It is helpful if you can return a copy of your member list with any changes noted so that the Treasurer does not have to review every form to see if there any changes.

As usual, I am reminding you to send your first batch of membership forms and dues payment to the Treasurer, Jill Martinson, (3120 Donovan Drive, Wasilla AK 99623-9779)in November, so she can meet the deadline of December 1 for the first batch to be sent to National FCE. We realize that is takes most clubs two meetings to gather all their dues and forms, but don't hold them up waiting for stragglers. The forms and dues of stragglers and new members can be sent at any time.

2023 Membership by District and Club as of September 1, 2023

State		
Individual		50
Senior		34
Family	8 =	<u>16</u>
Total		100

Anchorage District		
Flattop Forget-	Me-	Not
Individuals		3
Seniors		<u>10</u>
Total		13

Homer District		
Homer		
Individuals		2
Seniors		4
Family	1 =	<u>2</u>
Total		8

Mat-Su District			
Lazy River			
	Individuals		5
	Seniors		2
	Family	3 =	6
	Total		13



She-Mon-Sun			
	Individuals		9
	Seniors		2
	Total		11

Talkeetna			
	Individuals		4
	Seniors		2
	Total		6

Wasilla			
	Individuals		6
	Seniors		4
	Total		10

Mat-Su District Total           40

Northern District			
17 Mile			
	Individual		14
	Seniors		8
	Family	4 =	8
	Total		30

Tok-A-Tan			
	Individual		4
Northern District Total       34			

Greater Alaska			
	Individuals		3
	Senior		2
	Total		5

developed by the budget chair and the Alaska FCE Treasurer. The committee was made up of at least one representative from each district as well as the Chair and the Treasurer. The budget is a guide for the Treasurer and shows the areas where we give her permission to pay routine expenses.

See the budget committee worksheet below. (That means on a following page, not below on this page.)



**Bylaws Review + Bonnie Dinkel = Handbook Revision**  
by a committee member

After Bonnie reviewed the Alaska FCE Bylaws, she saw that the whole Handbook needed revision. She began by scanning the entire document. She then made housekeeping corrections and suggestions for changes and made a list of what she had done and what remained to be done.

**Budget Committee Report**

Nancy Heckart, Chair  
September 21, 2023

The budget committee met on 9/20/23 and reviewed the budget

Bonnie had a problem with scanning some graphics in the current Handbook. Before the Conference ended, Marleyne Hunter had agreed to work on that problem.

When the revisions are ready and have been approved, the Handbook may be available electronically.



**A Lot of Years, A Lot of  
Volunteer Service  
2023 Longevity Service Awards**

At the annual banquet, University of Alaska Fairbanks, Cooperative Extension Service, service award certificates were presented by CES agents Leslie Shallcross and Julie Cascio.

5 Years 2018

Nancy Anderson, Wasilla FCE  
Josephine Bidwell-Black, Wasilla FCE  
Patricia Miller, Willow She-Mon-Sun

10 Years 2013

Bonnie Colelli, 17 Mile Homemakers FCE  
Sandra Garity, Homer FCE  
Barbara Sevier, 17 Mile Homemakers FCE  
Melitta White, Willow She-Mon-Sun  
Karen Wood, 17 Mile Homemakers FCE

15 Years 2008

Gail Cavyell, 17 Mile Homemakers FCE  
Martha Galbreath, Flattop Forget-Me-Not  
Cindy Jeffries, 17 Mile Homemakers FCE  
DD Mutschler, Talkeetna Homemakers FCE  
Mabel Quilliam, Talkeetna Homemakers FCE  
Millie Spezialy, Flattop Forget-Me-Not  
Carole Wegner, Willow She-Mon-Sun

30 Years 1993

Stephanie Harry, Homer FCE  
Myrna Heilala, Greater Alaska FCE  
Crystal Shoup, Wasilla FCE

Others Worth Noting

Helen Studek, Flattop Forget-Me-Not, **63 Years**  
Elverda Lincoln, Wasilla FCE, **67 Years**



**Memorials**

Mary Hensel, Chair

O Lord, we pray for our dear sisters. Thank you for the blessings granted to them and the blessings they were to us. With faith in your holy grace and mercy, we pray. Amen.

Phyllis Joyce Boltz (January 18, 1926, to December 28, 2022) grew

up with 2 sisters in Lenexa, Kansas. After high school graduation, she met her husband and reared 2 children. They moved to Oregon for several years and in 1968 settled in Soldotna, Alaska. She was married to her first husband for 28 years. After he passed, she remarried and lived in Sterling, Alaska.

Many of her working years were spent at the National Bank of Alaska in Kenai before going to work as a bookkeeper for Morgan Steel, retiring after 17 years.

Phyllis's heart was big. She never met a stranger. When the Sterling Senior Citizen Center was complete, she became the secretary, line danced, played a mean washtub for their jug band, delivered meals on wheels, often dressed as a clown and helped with fund raisers. She was a member of the Sterling Homemakers.

Audra Kathleen Forsgren

(September 5, 1925 to January 11, 2023) was born in Amazonia, Missouri, but after living in Kansas, Colorado, and Oregon where she graduated from high school, she worked for the Spokane Portland and Seattle Railway. Ten years after her marriage, the couple moved to Galena, Alaska, where Dick was hired by the CCA, now the FAA. Audra immediately felt at home. Future homes were Cordova, Cape Yakataga, McGrath, Willow, and Wasilla. Her last move was to the Palmer Pioneer Home in 2015.

Audra enjoyed collecting rocks, picking berries, beach combing,

sewing, all things Iditarod, and best of all painting until her eyesight failed. She was a member of Willow She-Mon-Sun FCE.



**Heart of FCE**

Rieta Walker, Editor

Congratulations to Mary Hensel the Alaska recipient of this year's Heart of FCE award! My apologies to Mary: Kathy Huston Heart of FCE chair gave me the original of the nomination for Mary, but now I can't find it. I'm so sorry that I can't print all the good things that were written in 100 words or less about Mary. We all know that Mary has been the Alaska FCE Historian for years. She does an outstanding job of keeping the history and memorial scrapbooks and of conducting reverent memorial services at each Annual Conference. She is a member of Flattop-Forget-Me-Not club in Anchorage and participates in all or most of their activities. She's involved in other activities, such as bike riding, too.

**2023 Alaska FCE Annual Conference**



**Exploring  
the  
Magic  
of  
Knowledge**

Literature...Art...Music...Teamwork...Work Ethic...  
Languages...Faith...Culture...People Skills...  
Homemaking Skills...Facts...Practical Skills...  
Awareness...Experimentation

So far I have received comments from only 2 members who attended the Conference. I am hoping for more for the next issue of *FaCEs*.

It has been the practice to publish the summary of evaluations submitted by the Vice President in the issue following the first meeting after the Annual Conference. The deadline for that issue is November 1.



***Spirit of Alaska Women Book Sales***

Nancy Heckart, Chair  
Rieta Walker, Editor

The \$5 per book sold goes to state income to help meet expenses. Please send the \$5 through your district to Jill Martinson, Alaska FCE Treasurer, at 3120 Donovan Drive, Wasilla AK 99623-9779.

The amount you charge above the \$5 per book goes to your club or district depending on whom you are selling the book for. When you send the money to Jill, please send me (Nancy Heckart) a note stating how many books were sold and the amount sent to the Alaska FCE Treasurer.

If you need more books, please let me know, and I will find a way to get them to you.

Thank you for your help.  
Nancy Heckart, Chairman  
907-349-3361 (land line)

[lheckarts@gci.net](mailto:lheckarts@gci.net)

Mailing Address  
PO Box 110446  
Anchorage AK 99511





## **CES Update**

September 21, 2023

Leslie Shallcross, CES Home, Health, and Family Development (HHFD) Agent with Julie Cascio, HHFD Agent gave the Cooperative Extension Service (CES) update at the Alaska FCE Annual Meeting. The following is based on notes taken by Editor Rieta Walker.

Members were reminded that CES is part of the University of Alaska Fairbanks Institute of Agriculture, Natural Resources and Extension (IANRE) and that the current Director is Jodie Anderson.

During the past few years, University funding has been cut by two-thirds. Many faculty have left. Funds to CES have been cut; because of this Alaska CES cannot fully match federal funds.

CES has a new Director, Eugenia Hartsook. She is the first woman director since the 1930 founding of Alaska CES when Lydia Fohn-Hansen was co-director for home economics. In addition Eugenia is an IANRE Associate Director and 4-H Program Lead. She was scheduled to speak at tonight's banquet, but has been sick with COVID for 2 weeks. She may address us via ZOOM after the banquet. [Indeed she did.]

CES has vacant positions; one of them is the HHFD position on the Kenai Peninsula.

There is a national trend to move 4-H curriculum into the schools.

The HHFD faculty offers education in many areas including but not limited to: food preservation, food safety, dealing with disabilities/inabilities, radon, emergency preparation, aging in place, nutrition, training volunteers for Strong Women/Strong People, managing chronic conditions such as heart disease, diabetes, food security (National FCE Three-Year Project), research on grains, the food system as it relates to children.

Our HHFD Agents:

Leslie Shallcross, Lead, located at Fairbanks  
Leif Albertson, located at Anchorage  
Julie Cascio, located at Palmer  
Sarah Lewis, located at Juneau  
Art Nash, Energy Specialist, located at Fairbanks

You may see photos of the IANRE and CES Directors as well as CES Agents at [uaf.edu/ces/directory/index.php](http://uaf.edu/ces/directory/index.php)

This directory also gives titles and locations.



## **Please volunteer**

Please volunteer to fill an *ad hoc* position. An *ad hoc* position ends when the task is completed. Those needed now are: Scholarship Chair and Heart of FCE Chair. Next spring a Nominating Chair will be needed.

Or you could volunteer to fill a position where a new appointment could be made. The committees whose chairs are serving past their term expiration dates are: Membership, Finance and Budget, and Editor/*FaCEs*.

The current chairs of any of these committees may volunteer to continue.



## **District Reports**

### Anchorage

Nancy Heckart, President  
September 21, 2023

The Anchorage district has had a busy year. We had about 7

workshops to make 21+ tied fleece blankets for Hope Center. This is a shelter for homeless women that provides meals, beds, and education. It houses about 50 women. We also provided an additional 15 simple single layer blankets during the homeless crisis in Anchorage this spring.

We returned to selling Rondy buttons as a fund raiser to help support our service project.

As co-host of the 2023 Alaska FCE Annual Conference with Homer, we were responsible for the contract with North Star Bible Camp. We also found classes, contacted instructors and speakers and then worked them into your class schedule. Homer then helped fine tune our work and created the electronic version that you received by e-mail. Homer was responsible for the banquet program and decorations. Homer also handled your return response and was responsible for the registration fees and bookkeeping.

Conference planning took a great deal of our time this year and was a real learning experience for us.

### Homer

Rosie Burgess, President  
September 21, 2023

Homer FCE seems to get a lot accomplished even with a dwindling number of members. Currently we have 7 members. We were sad to see Sandy Stark move to California with her ailing husband who has since passed

away. On the other hand, we have been happy that Betty Hennick has felt well enough to join us for some activities.

Our unbirthday party, where we celebrate all of our birthdays at once, was held at the Homer Senior Citizens Silver Lining Café in May. We lunched on their special fare and had a gift exchange.

To continue with our goal of exploring our little "Cosmic Hamlet by the Sea" we toured the Homer Fire Station. Marcia Lowe's grandson, a firefighter, arranged the tour for us. We looked at all the equipment the fire department has in each truck and learned how it was used for emergencies. During the tour of the Fire Hall we were told of plans to build a larger building to meet their growing needs. They are expanding their truck line too and were excited about the new fire truck they will be getting. They showed us the old original Jeep firetruck that is used now only in parades. We learned that every fire truck in the US has been built to the specs of the department ordering it. There are no "stock" firetrucks.

Raise-a-Reader packets are still faithfully produced and presented to South Peninsula Hospital to be distributed to new mothers and their babies. About 130 packets are presented every year.

Each summer we have an annual picnic. We were blessed to choose one of the sunny days this summer to enjoy roasted hotdogs, potato salad and other goodies on Rosie

Burgess' deck. The view was spectacular with flowers framing the vista of the Homer Spit and Kachemak Bay.

One of the *Hearth Fire Series* programs we used was "I'm Responsible for What?". Sandy Garity, our Vice President, always does a good job presenting these, and we look forward to seeing the new issues

Homer partnered with the Anchorage district to organize this year's state Conference. That takes an incredible amount of time, but the pay off is that it gives one a great excuse to talk, text, and email all your FCE friends. The Homer club had fun creating the banquet decorations. [Rosie painted all the rock favors by herself.-Ed.] Just wait until you see how cute they are!

Rieta Walker and Rosie Burgess once again tackled the bylaws revision along with the help of Bonnie Dinkel and Julie Cascio. One of the new items that we needed to consider was how to include "Zoom" meetings in our bylaws. A big thanks to all who helped with that chore.

We are still discussing the possibility of having a Retreat in Spring 2024. A new venue would have to be found as our old standby is not able to accommodate us any longer during the time frame we prefer. A count of how many of you may attend would be helpful in determining if we go ahead with planning it.

Homer FCE attended *The Sound of Freedom*, a film based on a true story about human trafficking. It chronicles the rescue of children who have been stolen and trafficked for sex. Our representative, Sara Vance, bought out the Homer theater for folks to be able to view the movie for free. She has played an integral role in advancing HB 68 which will crack down on trafficking in Alaska and expand educational curriculum to include on-line trafficking and safe on-line practices.

Mat-Su District

Barbara Thomas, President  
September 21, 2023

Hello FCE friends and happy fall. It is hard to believe it is state Conference time again.

As I write this we are still recovering from 3 weeks at the Alaska State Fair in Palmer. It was only 3 more days and 12 more hours of demonstrations than we used to do. But spread out over 3 weeks, even with the Fair closed on Tuesdays and Wednesdays, made for a long Fair. The cold, rainy, and windy weather didn't help. But it appears that the Fair will go with this schedule from now on. It is hard on our volunteers with many pitching in to do the extra demonstrations. Julie Cascio and other CES agents from Palmer and Anchorage helped by doing 12 demonstrations. Julie originally signed up to do 2 demos but ended up doing 7. Julie was my main helper and was at the Fair almost every day. She was also my main helper on the 2 days

(4 hours) we did the very popular "Cookie Decorating for Kids".

Northern District

Helen Bernstein, 17-Mile  
President

**Recipe Exchange**

Rosie reports that she emailed recipes shared at the Conference to all who requested them. She has heard back from only a few of you. Please look in your junk mail if you did not find the recipes.

**from the Editor**

Rieta Walker

The 2022 and 2023 Alaska FCE Annual Conferences made good use of Oregon FCE YouTube programs. This year "Yuma, America's Winter Salad Bowl" and "Great American Women You Never Heard Of" were presented. The interesting ag films were left time for discussion. "Great American Women" was done as reader's theater rather than watching the film. Check for other Oregon FCE programs at

**<https://www.oregon-fce.org/oregon-fce-zoom-lessons-on-youtube>**

Please read the minutes. Find out what is going on in your organization. The Secretary summarizes the reports. As Editor I edit, sometimes augment, and publish the reports. Also I may write an article or two.

## **Alaska Association for Family and Community Education**

Annual Meeting. September 21, 2023  
North Star Bible Camp - Willow, Alaska

**Call to order** - President Mabel Quilliam. At 9:20 A.M.

**Pledge of Allegiance**-Said by all

**Alaska Homemakers Creed**-Read by Sue Selk

**Roll Call**- Kathy Huston, Acting Secretary. 24 voting members in attendance.

We have a quorum.

**Introduction of Guests and First Timers**

Guest Nina Lopez

First Timer Lynn Hansen.

**Parliamentarian** - Rieta Walker

**Approval of Agenda** (items may be added or deleted now) Motion made to accept was seconded and passed.

**Approval of minutes** as published in *FACES*. Jill Martinson moved to accept; motion was seconded and passed. Minutes approved.

**Reports** - All reports are limited to 5 minutes. Full reports will be published in *FACES*.

### Officers Reports

President Mabel Quilliam read her report. She talked about the National FCE Conference and victims of trafficking. See her full report in *FACES*.

Vice President Sue Selk gave directions for using the new Conference evaluation forms.

Secretary - Kathy Huston acted as Secretary in the absence of TJ Barnes who is recovering from knee replacement surgery.

Treasurer Jill Martinson handed out the Treasurer's Report. Bank Balance \$10,295.86. Motion by Rosie Burgess that we accept the Treasurer's report subject to audit; motion was seconded and passed by a show of hands.

Historian Mary Hensel mentioned that this is the 73rd Alaska FCE Annual Conference. Mary shared that Vi Markson found a premier copy of *HOMEMAKER* in her files and that Alaska FCE 67-year member Elverda Lincoln is 100 years old. Mary will be conducting a memorial for two members who died during the past year.

Cooperative Extension Service (CES) Report given by Leslie Shallcross, Home Health and Family Development (HHFD) Lead, with assistance from Julie Cascio, HHFD Agent. Leslie reminded us that CES is part of the Institute of Agriculture, Natural

Resources and Extension (IANRE) and that the current Director is Jodie Anderson. Leslie announced that CES has a new Director, Eugenia Hartsook. Budget cuts to the University have limited federal CES matching funds and programs.

Two more voting members, Bonnie Dinkel and Elverda Lincoln, arrive bringing the total to 26.

#### District Presidents' Report

Anchorage-Nancy Heckart -. The Anchorage club/district made fleece blankets for a shelter for homeless women. Nancy talked about how they worked hard to organize the Conference.

Homer - Rosie Burgess stated that they have 7 members. They had an un-birthday party for all members at one time. Homer partnered with Anchorage district/club for the Conference.

Mat-Su - Barbara Thomas's report was read by Kathy Huston. The report included the annual spring luncheon and hard work managing demonstrations at the Alaska State Fair in Palmer. Another "Mamma Bear the Reader" Raise-a-Reader® book is being illustrated for publication.

Northern - Helen Bernstein is the new president of the 17-Mile club. She read her report telling of the many service projects the club does. She got applause for her report.

#### Standing Committees

*FACES* - Rieta Walker thanked everyone who sent in their reports. October 10 is the deadline for the next issue of *FACES*..

Finance/Ways and Means - Nancy Heckart has tickets for the raffle. The drawing will be this afternoon. The money made helps with the shortfall of money needed for the Conference. Thanks to everyone for their support.

Membership - Barbara Thomas - Jill Martinson presented the membership report. She handed out the membership forms for each club. Send the membership forms in by November 1. Membership as of September 1 is 100. Mat-Su district has 40 members. Northern district has 34 total. Anchorage and Homer districts, and Greater Alaska and Tok-a-Tan club have the balance of members  
Scholarship- VACANT

#### Special Committees

Heart of FCE - Kathy Huston announced that Mary Hensel is this year's Heart of FCE recipient.

*Spirit of Alaska Women Books* - Nancy Heckart says there are still a lot of books to be sold. \$5.00 for each book sold is to go to Alaska FCE. If you have books that are not selling, please give them back. The books were published in Alaska. We need to research on how to get a barcode to put on the books so we will be able to sell them in stores. See the report in *FaCEs* for details on reporting sales and submitting money.

Budget Committee - Nancy Heckart. The budget lets the Treasurer pay and spend without having to go to the board for approval. Things that are not in the budget have to be approved by the board. See the full budget report in *FaCEs*. Helen Bernstein moved to approve the budget as written. Motion was seconded and passed.

Nominating Committee - no report

2024 Conference - Mat-Su and Northern District are responsible for year 2024.

### **Unfinished Business**

#### Bylaws Review and Revision

Rosie Burgess, Bonnie Dinkel, Julie Cascio, and Rieta Walker worked on bylaws changes. Bonnie made a list of suggested changes and a copy was sent to every member that has an email address. Rosie handed out copies of the bylaws changes. Elaine Link moved that the changes suggested by the committee be accepted. The motion was second and passed. Bonnie did further work scanning the entire Handbook and listing housekeeping and suggested changes. The hope is to make an updated Handbook available electronically.

### **New Business**

Bills to be presented - Sue Selk presented a bill for printing; the receipt was given to Treasurer Jill Martinson.

Election of Officers - The Vice President and Historian positions were to be filled. There was no report from the Nominating Committee. President Mabel Quilliam announced that Vice President Sue Selk and Historian Mary Hensel who now hold the positions had agreed to stand for re-election. There were no nominations from the floor for either position. Each was duly elected.

### **Correspondence and Announcements**

President Mabel Quilliam requested that districts and clubs report all activities to her. Be sure to report meetings held in public places; this is especially important for NAFCE liability insurance coverage. If the meetings are at a home they do not have to be reported for insurance purposes. If the meetings are at

community places like senior centers, churches, etc, they must be reported for insurance purposes.

Rosie Burgess asked about the Spirit of Alaska Women sign that has been displayed at Alaska FCE functions as well as an fce sign to put outside at the entrance of the camp when the Conference is being held.

Sue Selk asked that overall Conference evaluations be turned in.

Rieta Walker announced that although Show and Tell is not on her copy of the Conference schedule, Show and Tell will be held this afternoon.

October 5 a ZOOM lesson on potato sourdough bread will be available from Oregon FCE ZOOM lessons. <https://www.oregon-fce.org/oregon-fce-zoom-lessons-on-youtube>

Alaska FCE Fall Board meeting date is October 25 at 10:00 am via ZOOM

### **Adjournment**

Rieta Walker moved that the meeting be adjourned at 11:45 A.M. Motion was seconded and passed.

Kathy Huston  
*Pro tempore* Alaska FCE Secretary



## Alaska FCE 2024 Budget Worksheet

Presented by 2024 Budget Committee: Chair Nancy Heckart; Treasurer Jill Martinson; President Mabel Quilliam; Vice President Sue Selk; Helen Bernstein, Northern District; Rieta Walker, Homer District

**Projected Budget Balance** \$ 8,000.00

### Income

State District Dues Collected	\$200.00
Membership Dues	\$750.00
Ways & Means	\$600.00
Book Sales	\$100.00
Donation	_____

**Income** \$1,650.00

**Total Funds** available before subtracting dedicated funds: \$ .9,650.00

### Dedicated Funds

National Delegate Fund/President Expenses	\$3,500.00
State Scholarship Fund (First Timers/Districts)	\$1,500.00
State Conference Development Fund (to be determined after state conf. report)	<u>\$1,500.00</u>

**Total Dedicated Funds** (subtract from Income) \$ .6,500.00

**Total Income available** \$ 3,150.00

### Expenses

Officer Expenses	\$50.00
<i>FaCEs</i>	\$300.00
Officer & Editor Grants (6 people)	\$2,380.00
Programs & Educational Material	\$50.00
Donation to NAFCE Service Project	\$50.00
NAFCE Conf. Ad for Heart of FCE	\$50.00
Miscellaneous	<u>\$270.00</u>

**Total Expenses** \$ 3,150.00

## Alaska FCE Treasurer's Report

September 21, 2023

Jill Martinson, Alaska FCE Treasurer

Bank Balance as of April 6, 2023		\$13,332.78
<b>Income:</b>		
State Dues from Districts	\$200.00	
Memberships Dues	\$90.00	
Donation	<u>\$300.00</u>	
	<b>Total Income</b>	<u>\$590.00</u>
Balance plus income:		\$13,922.78
<b>Expenses:</b>		
2023 National Dues	\$70.00	
Heart of FCE advertisement	\$25.00	
Officer expenses	\$56.50	
National Delegate expenses	\$1,395.42	
Officer and Editor Grants	\$1,280.00	
2023 District Scholarships	<u>\$800.00</u>	
	<b>Total Expenses</b>	\$3,626.92
<b>Final Balance</b>		<b>\$10,295.86</b>
<b>Dedicated Funds</b>		
State Scholarship Fund	\$700.00	
National Delegate Fund	\$2,104.58	
State Conference Development Fund	<u>\$1,500.00</u>	
	<b>Total Dedicated Funds</b>	<b>\$4,304.58</b>
<b>Working budget</b>		<b>\$5,991.28</b>