

SUNFLASH

JANUARY 2024

Get your calendars out!! Put the following dates on so you won't miss anything:

January: Cervical Cancer Awareness month

February: Gallbladder & Bile Duct Cancer Awareness month

Heart Awareness month

March: 18th is National FCE Mid-Year meeting, there are 2 times: 1:00 p.m. Central Time and 7: p.m. Central Time; it will be by ZOOM; watch for information on how to register and join the meeting

April: 29th is ACWW's Women Walk the World—let's make plans to walk, even if it is just individually. Take a couple of pictures and send them to me.

July: 25-28 will be National FCE Conference in Erlanger, KY; cost will be the same as last year; Coordinators & Executive Committee are hard at work for both Mid-Year and Conference Programs

November: Southwest FCE States' Conference, Yuma, AZ will be 20-21, the Bazaar will be the 23rd, there will be information coming out in the next few weeks as we make some final plans, Stay Tuned!

We are going to try and get a Sun Flash out on a regular basis—may be once a month. In addition, there will be an SWFCE UPDATE newsletter going out about every 3 months. If you have an article or something to share, please let me know: margaretmai531@gmail.com

- ➤ <u>ORFCE</u> does a ZOOM lesson the first Wednesday of every month. Anyone can attend. To get the link contact: sfteeples@charter.net or margaretmai531@gmail.com
- If anyone would like to help design brochures or posters or help organize the SWFCE Conference let Martha Crawford know: mcrawfordfce@gmail.com