

fce. TODAY

The Official Publication of the National Association for Family & Community Education

I'm sitting here in my office having a hard time keeping my mind on the task before me! It is a beautiful spring day, with sunshine and bright blue skies. Birds are singing and the cat is sunning herself on the woodpile. I'm thinking hard about taking this job out on the deck so I can enjoy the day as much as the cat is!

I've been thinking a lot about the message Judy DeWitz gave us at conference last year. She talked about the "Butterfly Effect: When a Butterfly flaps its wings in one part of the world, it can cause a hurricane in another part of the world". She reminded us that everything we do matters, every move we make, every action we take matters. It matters not just for you, or for your family, or for your community, it matters for all of us...FOREVER.

I'd like to think that everything we are doing as FCE members will matter for the entire world FOREVER. I wonder what effect my actions, or lack of action will have on the world. What actions are you taking that will matter for all of us FOREVER?

The board is excited about the conference in Tucson this year. We think we have a wonderful conference planned. Our theme is "Team Work Makes Dreams Work". We have a dream for FCE, and it is our hope that you also have a dream for FCE, and with all of us working together we can make the dreams reality. I have a plaque hanging in my home that reads "Everything wonderful started with a dream". We know that our organization started, and continues today, with the dreams of many great people. They worked hard to make those dreams the reality that we all share. We can do no less.

The board has been working hard getting written material and the presentations that go with them ready for conference. There will be three new Hearth Fires presented, three new FCL workshops, and some great general sessions. Elsewhere in this issue you will find an article on the Hearth Fires and one on the FCL workshops.

General Sessions are being planned that will encourage you to take steps to improve your life and the lives of those around you. There will be a speaker dealing with Heart Health. Did you know that heart attacks are the #1 killer of women in this country? Hopefully this presentation will give you the push you need to keep healthy or improve your heart health.

Betty Schalk and Lynn Maples will be presenting a program called "Stepping Stones to Health". There will also be a great presentation by Kerry Stratford, who will help us learn about social media from the bottom up! Also in the works is a workshop called "Junque in your Trunk" that can help us all rid ourselves of bad habits!

In this issue is the tour registration form, make sure you get registered for them!! There is also the First Timer Scholarship form from the Alumni Association.

Join us in Tucson, and make your DREAMS WORK!!!



Bonnie Teeples
National FCE President

FCE Needs YOU!

National FCE is again looking for qualified candidates for positions on the National FCE Board. Positions open for the 2014 election are President Elect, Vice President for Public Policy, Secretary, Central Region Public Policy Coordinator, and Atlantic Region Program Coordinator. Nominations for each position shall be mailed to National FCE Headquarters, and the National FCE Secretary with a postmark 60 days before the first day of conference, which this year will be May 15, 2014

The National FCE Nominating Committee Chairman is Scott Teeples, Pacific Region Program Coordinator, with a committee of the following State FCE Presidents; Jodie Brubacher, Colorado; Mary Lou Burch, Tennessee; Betty Goldammer, Michigan; and Cathy McKown, Nebraska. If you are interested in running for a National FCE office, you may contact any of the committee members and they will send you a packet.

Qualifications for office state that each candidate shall be a member in good standing and shall have agreed in writing to the nomination. A candidate shall be serving or have previously served as an appointed or elected officer of her/his state affiliate or have served on the National FCE Board within the preceding eight years. A candidate shall have completed any term of office in the state affiliate or FCE by January 1 of the year following election at National FCE Conference. An officer may not resign from a presently held position in order to run for another FCE position. An individual appointed to fill a vacancy shall be eligible to run for an elected position. A candidate for President Elect shall have served on the National FCE Board within the preceding eight years. A candidate for Vice President for Public Policy shall have served on the National FCE Board within the preceding eight years and be experienced in this organization's public policy program. A candidate for Secretary shall understand the importance of preserving the official records of FCE, have the ability to write accurate minutes, and provide a safe repository for official records. A candidate for Program Coordinator shall have experience in educational program planning. A candidate for Public Policy Coordinator shall be experienced in this organization's public policy program. (National FCE Bylaws, Article V, Section 2).

Serving on the National Board is an opportunity for personal growth, serving an organization you believe in and forming lifetime friendships. We ask in return for your commitment of time, effort and loyalty.

The Nominating Committee looks forward to receiving nominations from qualified individuals in each State. Join the board and help us move FCE forward.



Member and supporters of ACWW made the Women Walk the World events in 2012 & 2013 a huge success.

In 2014 we want Women Walk the World to be bigger than ever. We want to raise money and promote ACWW by walking on or around ACWW Day on 29th April 2014.

**Please start planning now! Taking part is:
simple - no instructors or membership needed
inexpensive - no special equipment involved
achievable - can be done anywhere, anytime
easy - just get up and walk!**

The walk could be an organized ramble through the countryside, a walk round a neighborhood, a walk to the fields to tend animals, a stroll in a park or whatever you like. To keep things interesting you could add in a tea-party or a competition, run a raffle or auction promises – get creative!

Your participation in Women Walk the World will help ACWW achieve its goal of connecting and supporting women worldwide.

Announce your local walk as soon as possible, so that everyone marks the date in their diaries and you get a good turnout.

For the third year running we are pleased to announce there will be a best photo competition as part of Women Walk the World! Take photos of your walk event and send them to ACWW Central Office and you could be on the front page of 'The Countrywoman' Magazine.

Please ensure your image(s) resolution is 300dpi, if submitting digital photos via email, or are a good high gloss print if you decide to send them in by post. Please accompany your photo with a short article describing your walk. All photos and short articles must be received by Friday 23rd May 2014. Entries received after this date will not be included. (Information taken from the ACWW web site)

Please note our fabulous new Women Walk the World design was put together by the Australian CWA of Victoria's Junior members during their Camp. Well done Juniors!

“NATIONAL FCE BOARD ALUMNI SCHOLARSHIP”

For

FIRST TIME ATTENDEES TO NATIONAL FCE CONFERENCE

“REGISTRATION COST ONLY”

Sponsored by the National FCE Board Alumni

1. National FCE dues must be on file at National FCE Headquarters by June 1st.
2. National FCE Conference registration form and all applicable fees must be paid by check or listed credit card information. Winners will be notified before conference and their method of payment will be returned to them. Those applicants who are not winners will have their conference registration form and method of payment sent on to Headquarters by June 1st.

3. This scholarship application form must be filled out according to the following instructions:

Name _____ Region _____
Address _____ City/State _____ Zip Code _____
Email _____ Phone _____
Years of membership _____ Membership number (on label of FCETODAY) _____

On ONE separate sheet, tell us about the following:

- a. List your FCE involvement and accomplishments in the last 5 years (local, county, district, and state).
- b. What focus or issues of FCE are important to you and WHY? (i.e. Health, Home and Community Environment, International, Leadership, Youth Education, ACWW, FCL, CHARACTER COUNTS!, Community Service, Hearth Fire literatures, Membership, other).
- c. If you are selected, how will you share what you have learned or gained with your club, county, district, and/or state?

Send the following postmarked by June 1st.

- This Scholarship application form completed in full
- The attached ONE separate page of information, typed or legibly written
- Completed Conference Registration form and method of payment—Not payment itself

Mail to: National FCE Board Alumni Scholarship, Chair

Margaret Mai

1542 E. 27th St.

Yuma, AZ 85365-3023

Phone: (928) 726-7456

Email: margaretmai531@gmail.com

Applications postmarked after June 1st, will not be judged.

What is FCL?

Taken from a 1987 handout - "The Family Community Leadership (FCL) program is an adult education program designed to develop the leadership skills of those with little or no experience in leadership or public policy."

This is still a viable description of FCL, but there is so much more. After receiving your FCL Leadership certificate and badge you may apply for National FCL Trainer certification. Sixty hours in application of leadership skills are required. Information and applications for a FCL certificates can be obtained from our web site and by contacting National Headquarters.

To further our FCL objectives we will again have FCL Day, FCL at Work, and the FCL Benefit Dinner at our National Conference. By taking the training you will not only help gain hours toward certification, it will also help keep leadership skills strong. Best of all you will have fun while working with your fellow FCE members.

Topics for the 2014 FCL Day at conference in Tucson, AZ are:

Do You Fear Public Speaking

by Marian Hannon and Peggy Martens

Parliamentary Procedures Made Easy

by Wanda Briddelle and Scott Teeples

Lobby & Voting

by Rita Charlton and Ardyce Snyder

All members attending the workshops at FCL Day will be given the lesson books and will have hands on experience by being involved in the program. Please plan on coming to conference in July and be with us for FCL Day, FCL at Work, and the FCL Benefit Dinner.

The NEW 2014 Hearthfires! READ ALL ABOUT IT!

This year's conference brings to our members 3 New Important Hearthfires.

Someone's asking..... How can we stretch our food budget?

Stretching the food budget today is a challenge, whether it be for one person or more in the family. You will be given some "food" for thought to help you meet the challenge of staying within your food budget.

This Hearthfire addresses a current issue for many people. Families are living on tighter budgets and singles and couples can find it challenging to create meals for a limited number of people. Nutrition is vital for healthy living- physically and mentally. This Hearthfire will be a great resource for preparing healthy meals that do not damage your bank account!

Someone's Asking...What are your fingers saying when you're typing on Electronic Devices?

What are you revealing when you use your electronic devices? What are hackers and scam artists doing with that information? Learn what you need to know to protect yourself.

Make sure you read this one and pass it along to others you know! Just as we need to learn warning signs for our health, we need to know the social dangers in our environment. Remember when you taught your children "Look both ways before crossing the street."? Now you can teach those around you to "Think cautiously when sharing and reading things on the internet" after you learn how to avoid the dangers from this Hearthfire.

"Strut Your Stuff" ...Developing Great Brochures"

Are you ready to participate in the newest element of the Program Awards Contest... the Brochure? Don't know the basics or even where to start? Here's your opportunity to learn at least the basics and more in designing a brochure.

This Hearthfire reaches out to all of you that want to create a pamphlet, but just don't know where to begin. This is a simple, easy-to-read guide that will give you the confidence to try something new. You can use this new skill to make pamphlets for organizations you are involved in or for starting a new home based business. You can even have fun making one for your local club!

2014 NATIONAL FCE CONFERENCE TOURS

Thursday July 17th and Monday July 21st

Tour A. 8:00 a.m. to 5:00 p.m.

Enjoy an exciting day discovering the magic of the Southwest, beginning with a visit to the "White Dove of the Desert", the Mission San Xavier Del Bac, where you'll see the Spanish influence in this world famous cathedral. You'll enjoy shopping for one-of-a kind artistic creations and jewelry at Sahuartia's copper mine before dining in an authentic Mexican/American restaurant in a scenic setting. You may see a javalina at the Arizona-Sonora desert museum before we finish our full day with a scenic drive through saguaro cactus at the only place in the world where they grow. You'll also see prehistoric petroglyphs if you have a sharp eye.

Tour B. 8:00 a.m. to 5:00 p.m.

Our tour will lead us northwest from the city and see the open spaces of AZ. We will visit the Casa Grande Ruins and enjoy a video describing the history of the area. We will have the unique experience of going to a Greek Orthodox Monastery. The monks are available to tell of their lifestyle. To be respectful of their culture we are all required to wear closed toed shoes, have on long sleeved blouses or shirts, women to wear long skirt (ankle length) and scarves that cover the neck and tie under the chin. This attire may be put on over our summer wardrobe. Skirts are available to borrow if you cannot bring your own. Men must wear long pants. The afternoon will be spent traveling the scenic route and watching for desert wildlife back to the Tucson area where we enjoy a miniature museum in air-conditioned comfort. Lunch and water are included.

Reservations due by June 1, 2014

Name _____

Address _____

City, State, Zip _____

Phone _____

Email _____

Thursday, July 17

_____ Tour A - \$99.00 \$ _____

Monday, July 21

_____ Tour B - \$99.00 \$ _____

Total Enclosed \$ _____

Make checks payable to and mail to:

D'Lightful Tours

3672 H Road

Dunbar, NE 68346

402-269-2616

308-246-5383

darudolph46@gmail.com

hestenson@juno.com

NATIONAL BOARD

Rita Charlton's grandmother, Rachel, was a charter member of the Verd Mont FCE Club that Rita has been a member of for 38 years. Rita worked her way up the FCE ladder by holding offices at the club, county and then state level. In 2011 she was elected to the office of Atlantic Region Program Coordinator on the National Board.

Rita credits participation in the FCL training for developing her leadership skills. As well as, gaining the confidence to run for a National office. After completion of the FCL training, she also ran for the local school board. She served for four years as the Secretary, using skills she acquired by being her club secretary.

Rita has been married to her husband, Guy, for 43 years. They live on a dairy farm in Benson, VT. They have one daughter and two granddaughters.

Recently retired from her position as 4-H Educator, she will continue to work with the local 4-H Club sharing her love of sewing. She plans on having more time for quilting, reading and gardening.

Rita Charlton
Atlantic Region Program Coordinator

New forms on the National FCE Web-site

Forms no longer used by FCE

- The Public Relations Report
- Display Board Judging Sheets
- Sample FCE

Please find these updated and revised forms on the web-site

- Outstanding and Superior FCE Award Forms
- Community Service Award Form
- National FCE Program/Project Report Form
- Program Book Award Form and **new** Judging Sheet
- Program Book Brochure Award Judging Sheet
- 2014 Heart of FCE Award Form
- 2014 Essay and Artwork Contest Forms

Last fall as we were in the process of updating the web site we had a glitch!! You all know how those computers can be! The web site had to be reset to an earlier date, and we had to re- update all of the new forms and information. Unfortunately, we may not have gotten it all updated. A few members have contacted us with some errors and it is so appreciated! If you see places on the National FCE web site that are incorrect, PLEASE do not hesitate to let Judy Jones at Headquarters, or Bonnie Teeples know of the errors. We will forever be in your debt!

I joined my local FCE club in 1998 and was soon elected President. I wanted to learn about FCE and FCL was my first program outside my local club. I really enjoyed it and learned a lot. I completed my first 30 hours and continued to complete the next 60 hours to earn my National Certified Trainers badge. I used the lessons I learned in FCL to help teach Living Well with Chronic Conditions and Take Charge of Your Diabetes to various groups in our county.

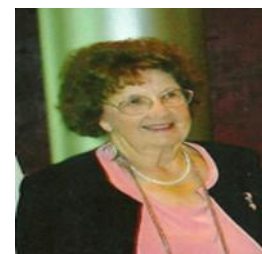
I have served my county FCE council as Vice President for Programs and President. In the Central Region I have served as President-elect, President and Presidential Advisor. On the state level I have served as Vice President for Public Policy.

As part of my volunteer work with FCE I have helped teach FCL classes, volunteered in the Poverty Simulation Program, volunteered at TNCEP Health Fairs and at the Wilson County Fair. I have volunteered at the TAUD fundraiser for UT Extension and during the Women's Build for Habitat for Humanity of Wilson County. I have helped raise money for 4-H scholarships.

It is now my privilege to serve as the Atlantic Region Public Policy Coordinator on the National FCE Board.

Wanda Briddelle
Atlantic Region Public Policy Coordinator

WE REMEMBER



Epsy Johnson
May 26, 1917- October 31, 2013

Hope on the Horizon

What do you see for the future of the National Association for Family and Community Education (FCE) at the National, State and Local level? Do you believe that the end of FCE is coming soon? Nothing could be further from the truth, but you will need to be part of the solution. It will not be easy but it can be done. There is “**Hope on the Horizon.**”

There are several things that each us can do to retain and build the FCE organization. We must find, recruit and retain new members.

Finding New Members

There are many places that we can look for new members. Those might include friends; relatives; acquaintances, neighbors, church friends; co-workers; event acquaintances; estranged members; school acquaintances; social media and youth groups (4H, FFA, FCCLA, etc.)

Recruiting New Members

Now that you may have found someone, let's talk about how you would recruit them. People need a reason to join anything, and you're going to tell them why. Explain to them what FCE is all about.

Tell your story. Let them know how and why you joined FCE. Let them know why you stay active.

Tell them about the 25 benefits of joining FCE as listed by National FCE.

Now that you have told them about all of the benefits of joining FCE invite them to a few FCE activities at the local, state or national level. Invite them to help you with an FCE sponsored community service project.

Retaining New Members

Once you have your new members signed up, it is very important that you keep them active. Involve them in all of the activities that they feel comfortable with.

There are three very important things that each and every new member needs. Those include:

- 1. Every new member will need a friend.**
- 2. Every new member needs an assignment.**
- 3. Every new member needs love and nurturing from all of the FCE members and the FCE organization.**

Use all of the resources you have available to Find, Recruit and Retain new members. **With your help there is Hope on the Horizon for FCE.**

Please note: The information above was taken from a booklet that has been developed titled “Hope on the Horizon”. If you would like a copy sent to you, please contact Scott Teeples at sfteeples@charter.net or call 541-891-6456.

2014 Conference Service Project

The 2013 conference service project of collecting and donating school supplies to local school children was a huge success!! The board wants to thank you for your willingness and your generosity in donating to conference service projects. This year we are going to again ask that you bring items for school children. In many areas the demand for school supplies for children is overwhelming. Maybe we can help in some way.

Below is a list of items that are needed:

2 Pocket Folders
Wide Ruled Notebooks
College Ruled Notebooks
Pencils
Blue, Black & Red pens
Highlighters & Markers
Colored Pencils
Pencil pouches
24 Count Crayons
Pink Erasers
Glue bottles & Glue sticks
Pointed tip & Blunt tip Scissors
Rulers—clear plastic or wooden

Thank you again!!

STATE FCE NEWS

Has your club or state completed a special project that you would like to share with other National FCE members? Send photos, names, dates, and pertinent information to National FCE Headquarters and we may publish it in an upcoming newsletter. Not everything will be published but we will try.

Mail to: National FCE Headquarters, 73 Cavalier Blvd., Suite 106, Florence, KY 41042-5178.

STAR PIN

Receive a free FCE Star pin every time you recruit a new National member. Complete and mail this form to National FCE Headquarters, 73 Cavalier Blvd., Suite 106, Florence, KY 41042-5178.

Headquarters must have the new membership form in file before the star pin can be mailed to you.

You may also fax this information to headquarters at 859-525-6401 or you can email the info to nafcehq@fuse.net.

Name of New Member _____

Address _____

City _____ ST _____ Zip Code _____

Date Joined _____

My Name is _____

Address _____

City _____ ST _____ Zip Code _____

Membership ID Number _____

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